

## CURRICULUM VITAE



1. **Family name:** Makhashvili
2. **First name:** Nino
3. **Date of birth:** 21 February 1960
4. **Nationality:** Georgian
5. **Civil status:** Married with two children
6. **Education:**

Institution (Date from - date to)	Degree(s) or Diploma(s) obtained:
Tbilisi State Medical Institute - 1977-1983	Diploma of Medical Doctor
Tbilisi Institute of Psychiatry - 1983-1984	Diploma of Psychiatrist
Moscow Institute of Postgraduate Education for Doctors – advanced course in Psychotherapy - 1993	Certificate of Psychotherapist
State Licensing Agency – 2000-2005; 2006- 2011.	License of Psychiatrist
Catania Institute of Supervision, Berlin, Germany – 2012-2014	Clinical, case, team, group and organizational Supervisor
Ilia State University, 2011-2015; Healthcare Policy and Management Program, School of Business	PhD Degree in Public Health (summa cum laude)

7. **Language skills:** (1 – excellent; 5 – basic)

Language	Reading	Speaking	Writing
Georgian	native	native	native

Russian	good	good	good
English	good	good	good

**8. Expert positions:**

Mental Health expert of World Health Organization (WHO) – since 2014; and Council of Europe (Pompidou Group) – since 2015  
 Member of Consultancy Council of National Prevention Mechanism of OPCAT – since December 2014  
 Chairperson of Georgian Society of Supervision and Coaching – since 2015  
 Board member of Alliance for Better Mental Health – since 2014  
 National Mental Health Expert – member of NPM under OPCAT – January 2010 – December 2014  
 Editorial board member of the "European Journal of Psychotraumatology" (EJPT) (www.ejpt.net) – since 2011  
 Member of National Inter-Agency Coordination Council on Criminal Justice Reform – since 2009  
 ComPsych Corporation (Chicago, IL, USA) – Expert of the network of mental health consultants - since 2009  
 Council Member of International Society on Health and Human Rights (ISHHR) - since 2008  
 Expert of the Consultative Council on Mental Health to Healthcare and Social Affairs Committee, Parliament of Georgia – since 2008  
 Member of Advisory Committee to Ministry of Labor, Health and Social Affairs of Georgia – since 2007

**9. Present positions:**

Associate Professor, Business School, Ilia State University (since April, 2017)  
 Global Initiative on Psychiatry (GIP) -Tbilisi, director (since 2005)  
 Head of Mental Health Resource Center at Ilia State University, Tbilisi (since 2011)  
 Founder & lecturer at MA program on Mental Health at Ilia State University, Tbilisi (since October 2012)

**10. Key Qualifications: MD, PhD., Psychiatrist; Human Rights Expert; Supervisor (clinical, case, team, organizational supervision)**

**11. Other relevant information (counselling, trainings, publications, etc):**

**Counselling:**

Providing counselling and psychotherapy sessions to clients through professional networks, as ComPsync Corporation (<http://www.compsych.com/>). Working with individuals and families.

## Trainings:

Wide experience in conducting trainings and seminars with different MH professionals and non-professionals. e.g.:

- *Medical doctors, psychologists, psychiatrists, nurses, social workers, human rights lawyers, etc.* - in human and patients' rights, ethical issues, torture, traumatic stress, complicated grieving, crisis intervention and conflict management, psychosocial rehabilitation approaches; staff care and group supervision, professional burnt-out prevention, organizational development, research methods, etc.
- *Teachers and educators, incl. administrative staff of schools*– on organizing psychosocial help and support; crisis- intervention strategies for schools; creative classroom; sex-education; special needs education; juvenile delinquency, etc.

## Supervision:

- Conducting group and individual – clinical, team, organizational - supervision sessions with therapists – since 2005.
- Leading inter-vision sessions with Multidisciplinary teams (MDTs) – since 2000

## 12. Publications:

### Selected articles/papers

Shevlin M, Hyland P, Vallières F, Bisson J, Makhshvili N, Javakhishvili J, Shpiker M, Roberts B. A comparison of DSM-5 and ICD-11 PTSD prevalence, comorbidity and disability: an analysis of the Ukrainian Internally Displaced Person's Mental Health Survey. *Acta Psychiatrica Scandinavica*. First Published: 5 December, 2017. DOI: 10.1111/acps.12840. <http://onlinelibrary.wiley.com/doi/10.1111/acps.12840/abstract>

Roberts, B., Makhshvili, N., Javakhishvili, J., Karachevskyy, A., Kharchenko, N., Shpiker, M., & Richardson, E. (2017). Mental health care utilisation among internally displaced persons in Ukraine: Results from a nation-wide survey. *Epidemiology and Psychiatric Sciences*, 1-12. doi:10.1017/S2045796017000385

Petr Winkler, Dzmitry Krupchanka, Tessa Roberts, Lucie Kondratova, Vendula Machů, Cyril Höschl, Norman Sartorius, Robert Van Voren, , Oleg Aizberg, Istvan Bitter, Arlinda Cerga-Pashoja, Azra Deljkovic, Naim Fanaj, Arunas Germanavicius, , Hristo Hinkov, Aram Hovsepian, Fuad N Ismayilov, Sladana Strkalj Ivezic, Marek Jarema, Vesna Jordanova, Selma Kukić, Nino Makhshvili, Brigita Novak Šarotar, Oksana Plevachuk, Daria

Smirnova, Bogdan Ioan Voinescu, Jelena Vrublevska, Graham Thornicroft. 2017. A blind spot on the global mental health map: a scoping review of 25 years' development of mental health care for people with severe mental illnesses in central and eastern Europe. *The Lancet Psychiatry*, Published online on May 8, 2017. DOI: [http://dx.doi.org/10.1016/S2215-0366\(17\)30135-9](http://dx.doi.org/10.1016/S2215-0366(17)30135-9)

Seguin, M., Lewis, R., Amirejibi, T., Razmadze, M., Makhashvili, N., & Roberts, B. (2016). Our flesh is here but our soul stayed there: A qualitative study on resource loss due to war and displacement among internally-displaced women in the Republic of Georgia. *Social Science and Medicine*, 150, 239-247.

L. Saxon, N. Makhashvili, I. Chikovani, M. Seguin, M. McKee, V. Patel, J. Bisson and B. Roberts Coping strategies and mental health outcomes of conflict-affected persons in the Republic of Georgia. *Epidemiology and Psychiatric Sciences*, Available on CJO 2016  
doi:10.1017/S2045796016000019

Melvyn Colin Freeman, Kavitha Kolappa, Jose Miguel Caldas de Almeida, Arthur Kleinman, Nino Makhashvili, Sifiso Phakathi, Benedetto Saraceno, Graham Thornicroft (2015). Reversing hard won victories in the name of human rights. A critique of the General Comment on Article 12 of the United Nations Convention on the Rights of Persons with Disability. *Lancet Psychiatry*. Published Online July 6, 2015. <http://dx.doi.org/10.1016/>

Ivdity Chikovani, Nino Makhashvili, George Gotsadze, Vikram Patel, Martin McKee, Maia Uchaneishvili, Natia Rukhadze, Bayard Roberts (2015) Health service utilization among conflict-affected population in Georgia. *PLOS ONE*. 10(4):e0122673. DOI: 10.1371/journal.pone.0122673

Comellas, Ruben Moreno, Nino Makhashvili, Ivdity Chikovani, Martin McKee, Vikram Patel, Jonathan Bisson, Bayard Roberts (2015). Patterns of somatic distress among conflict-affected persons in the Republic of Georgia. *Journal of Psychosomatic Research*.  
DOI: <http://dx.doi.org/10.1016/j.jpsychores.2015.01.015>

Nino Makhashvili, Ivdity Chikovani, Martin McKee, Jonathan Bisson, Vikram Patel, Bayard Roberts (2014). Mental Disorders and their Association with Disability among Internally Displaced Persons and Returnees in Georgia. *Journal of Traumatic Stress*. Vol. 27, Issue 5, pp 509–518.  
Article first published online: 16 OCT 2014 DOI: 10.1002/jts.21949

Bayard Roberts, Ivdity Chikovani, Nino Makhashvili, Martin McKee, Vikram Patel (2014). Individual and community level risk-factors for alcohol use disorder among conflict-affected persons in Georgia. *Journal PLOS ONE*. Published: May 27, 2014  
DOI: 10.1371/journal.pone.0098299

Zavradashvili N, Makhasvhili N, Eliashvili M, Zurlo K, Chkonia E. (2014) Assessing the need for a protected living environment among severely mentally ill adults in the republic of Georgia. *Georgian Med News*. Feb;(227):48-51.  
<http://www.ncbi.nlm.nih.gov/pubmed/24632647>

Bayard Roberts, Ivdity Chikovani , Nino Makhashvili , Vikram Patel , Martin McKee (2013). Tobacco Use and Nicotine Dependence among Conflict-Affected Men in the Republic of Georgia. *Int. J. Environ. Res. Public Health*, 10(6), 2185-2197; doi:10.3390/ijerph10062185

Makhashvili N, van Voren R (2013) Balancing Community and Hospital Care: A Case Study of Reforming Mental Health Services in Georgia. *PLoS Med* 10(1): e1001366. doi:10.1371/journal.pmed.1001366  
<http://www.plosmedicine.org/article/info%3Adoi%2F10.1371%2Fjournal.pmed.1001366>

Makhashvili, N., Tsiskarishvili, L. & Drozdek, B. (2010). Door to the unknown: on large-scale public mental health interventions in post-conflict zones – experiences from Georgia in *Traumatology: Culture and Trauma: Conceptual and Practical Considerations*. Volume 16 Issue 4, December 2010. Edited by Mattar, S., Droždek, B. & Figley, C. Sage Publications. New York. doi: 10.1177/1534765610388302.  
<http://tmt.sagepub.com/content/16/4/63>

Makhashvili, N. (2010). Contributing to Prevention of Juvenile Delinquency. in *Mental Health Reforms, N 2, 2010*. GIP-NL.

Makhashvili, N. & Tsiskarishvili, L. (2007). Lost in the Desert – from Despair to Meaningful Existence. in Drozdek, B. & Wilson, J.P. (ed.) *Voices of Trauma: Treating Survivors across Cultures*; Springer Publishers, New York.

Makhashvili, N. & Javakhishvili (2005). Overcoming Trauma: Special Focus on School Context in Anthology *Socio-Emotional Growth and Development of Learning Strategies*, edited by B.H. Johnsen, Oslo Academic Press, Oslo.

Makhashvili, N. (2005). Refugees and Healing: Possible Barriers in *European Psychiatry*. eds: H. Saß, M. Ackerheil and H.J. Möller. Vol.20 – Suppl.1 – p.S69. Elsevier.

Makhashvili, N. (2004). Individual and Societal Dimensions of Trauma: Considerations for Intervention – *European Psychiatry*. ed.: Ferrero, F., Maj, M., & Sartorius, N. Vol.19 –Suppl.1 – p.19. Elsevier.

### **Research reports**

Makhashvili, Nino & Pilauri, Ketevan (2015). *Mental Health Services for Conflict-affected Populations in Georgia: a survey report*. GIP-Tbilisi

Makhashvili, N (2010) Mental Health Needs of Juvenile Convicts. in *Study of Healthcare Needs of Juvenile Convicts in Georgia*. GCRT. Tbilisi

Makhashvili, N (2009) (editor) *Mental Health and Psychosocial Needs of War Affected Population of Georgia*. Georgian Mental Health Coalition. Tbilisi

Durglishvili N., Makhasvili, N. & Kartoziya, M. (2009) *Study on Juvenile Violence in Georgia*. Tbilisi Javakhishvili University.

Zavradashvili, N. & Makhashvili, N (2008) *Study on Medical and Social Needs of Persons with Mental Disorders in Georgia*. UGPN and GIP-T. Tbilisi

Makhashvili, N., Zavradashvili, N, Tsiskarishvili, L (2007). Towards the New Mental Health Policy: Human Rights Perspective (prepared within the framework of CRRC Fellowship program; grant N C06-4103. The publication was made possible (in part) by a grant from Carnegie Corporation of New York). [crrc.ge/store/files/old%20fellows/2006/Nino%20Makhashvili%20-Eng.doc](http://crrc.ge/store/files/old%20fellows/2006/Nino%20Makhashvili%20-Eng.doc)

Makhashvili, N.& Beberashvili, Z. (2003) – Data profile of Torture Survivors in Georgia /retrospective data analyses/ - GCRT. Tbilisi

Volkan, V., Makhashvili, N., Sarjeladze, N.& Vahip, I. (2002) *Gender Issues and Family Violence: Public Awareness and Services to Victims*. //funded by IREX Black and Caspian Sea Collaborative Research Program/ Turkey

### **Books – editor/author/co-author**

Sarjeladze N., Beberashvili Z., Javakhishvili J., Makhashvili, N. & Sarjeladze, N. (2014). Trauma and Psychological Support. Tbilisi (originally published in 2000; re-published in 2008 and 2009). GIP-T/Tbilisi.

Makhashvili, N. (Ed.) (2010). Basics of Psychotraumatology. Tbilisi (Georgian language)

Makhashvili, N. (Ed.) (2005). Exploring Torture. Tbilisi (Georgian, Russian and English languages)

Makhashvili, N. (Ed.) (2005). What should we know about torture? Tbilisi (in Georgian)

A Way to Rights – a Handbook in Human Rights for the Secondary Schools /2002/ – Tbilisi (Georgian; also translated into Russian and Azerbaijan by NRC)

Sarjeladze N., Beberashvili Z., Javakhishvili J., Makhashvili, N. & Sarjeladze, N. (2001). Psychosocial Rehabilitation of Internally Displaced Persons. A Handbook Based on the Experience of Georgian NGOs. TUTU Publ., Istanbul, Turkey - In English, Russian & Azerbaijan