

Curriculum vitae



Jana (Darejan) Javakhishvili, Ph.D in Psychology

Professor of Psychology, Ilia State University

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Google Scholar h-index – 15, i10-index - 23

Basic skills/competencies:

Trauma research and trauma care

Drug/addiction research, drug prevention, drug situation monitoring, drug policy

Designing, delivering, and evaluating different trainings and workshops (in mental health care, psychological trauma, resilience, burnout prevention, communication, mediation, facilitation, etc.)

Mediation, conflict transformation, confidence building

Mental healthcare-focused programs' design and supervision

Clinical supervision and staff care

Facilitation and moderation

Designing and/or conducting psychoeducation focused radio and TV programs

Professional membership:

Board of Directors Member, International Society for Traumatic Stress Studies (ISTSS) (since 2023)

Trustee, *Dart Centre Europe (DCE)*, *Dart Centre for Journalism and Trauma* (Columbia University) since July 2021; before then – a contact person for Dart Centre in the South Caucasus (since 2006)

Past President, *European Society for Traumatic Stress Studies* (ESTSS) (2019 – 2020); since 2007 to now – a member of ESTSS

Steering Committee Member, and Global Crisis Armed Conflict Thematic Group Leader (since 2022), Global Collaboration on Traumatic Stress

Ilia State University Academic Council Member, since 2018 to now

Board of Editors member, *European Journal of Psychotraumatology*, since August 2017;

Board of Advisors member, *Andrei Sakharov Research Center for Democratic Development* at Vytautas Magnus University (since 2018 to now)

Global Ambassador at the 35th Annual Meeting/Conference of the *International Society for Traumatic Stress Studies* (Boston, Massachusetts, November 14-16, 2019)

Member of the *ICUDDR Council*, International Consortium of the Universities for Drug Demand Reduction (ICUDDR)

Past President and current board member of the *Georgian Society of Psychotrauma* (GSP)

Chair, Board of the *Georgian Centre for Psychosocial and Medical Rehabilitation of Torture Victims* (GCRT), since 2015

Expert, Parliament of Georgia Healthcare and Social Affairs Committee's Council on Mental

Health, since 2008-2020

Expert, *Open Society Georgia Foundation* Public Health Council member – 2008-2016

Founding Board Member, *Georgian Association of Addictologists*, since 2013 to now

Board member, Georgian Think Tank “Alternative Georgia”, from 2013 to now

Experience in Drug Strategy Elaboration:

2023 – Consultant of the Drug Misuse Prevention National Action Plan (2024-2026) document elaboration, in response to the invitation of the Pompidou Group’s project team

2021 – Lead author of the Drug Misuse Prevention National Action Plan (2021-2023) document, in response to the request from the side of the Georgian Ministry of Justice

2020 – Lead author of the Drug Abuse Prevention National Strategy document, in response to the request from the side of the Georgian Ministry of Justice

2012-2013 – Member of the Inter-agency Anti-drug Council’s task force on national anti-drug strategy elaboration, coordinated by the Ministry of Justice of Georgia. Final product: Georgian National Anti-Drug Strategy document for 2014-2016

2005-2007 – Member of the Ministry of Labor, Health, and Social Affairs Drug Policy Council. The outcome of the task force: national anti-drug strategy draft document for the Parliament of Georgia’s consideration

Organization of the International Research Schools:

- The 2^d International Research School for the Young Minds of the European Society for Traumatic Stress Studies. The online school took place on April 24-25, 2021 (Duties: Co-Chair and a lecturer)

- The 1st International Research Summer School for the Young Minds of the European Society for Traumatic Stress Studies, at the Ilia State University, (Duties: Chair and a lecturer), September 2016, Tbilisi, Georgia

Member of the scientific committees of the international conferences:

- Co-chair and scientific committee member of the 19th Conference of the European Society for Traumatic Stress Studies (ESTSS 2025), to be held in Tbilisi, on June 12-15, 2025

- Program Deputy (Journalism and Multimedia section) of the 40th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS 2024), to be held in Boston, September 25-28, 2024

- Member of the scientific committee of the European Society for Traumatic Stress Studies 18th Conference “Trauma and resilience through the ages: A life course perspective”, Belfast, June 14-17, 2023

- Program Deputy (Journalism & Multimedia section) at the 39th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, California, on November 9-12, 2023

- Program Deputy (Journalism & Multimedia section) at the 38th Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, Georgia, on November 9-12, 2022

- Program Deputy (Journalism & Multimedia section) at the 37th Annual Meeting of the International Society for Traumatic Stress Studies, to be held virtually on November 14-16, 2021

- Member of the scientific committee as well as the Steering Committee of the European Society for Traumatic Stress Studies 17th (virtual) Conference “Trauma and Mental Health During Global Pandemic”, June 16-18, 2021

- Program Deputy (Journalism and Multimedia section) at the 36th Annual Meeting of the International Society for Traumatic Stress Studies, held virtually, on November 4-14, 2020

- Member of the scientific committee of the International Rehabilitation Council of Torture Victims (was planned to be held in October of 2020)

- Member of the scientific committee of the European Society for Traumatic Stress Studies 16th Conference “Trauma in Transition: Building Bridges”, held in Rotterdam, June 14-16, 2019

Professional Experience:

1. Current:

- At Ilia State University:

From 2019 and on – Full Professor at the School of Arts and Science, and Director of the Tomas Zanbransky Institute of Addiction Studies since 2013

From 2017 to 2019 - Associate Professor, from 2012 to 2017 - invited lecturer at Ilia State University School of Arts and Science

(Duties: Teaching at Addiction Studies MA program and Mental Health AM program (direction – Psychotraumatology); Coordinating the Addiction Studies MA program; Designing, implementing, and supervising the implementation of different research projects; Designing, piloting, and assessing drug interventions focused on drug demand reduction in the country; from 2003 to 2020 – supervision of the drug monitoring in Georgia and elaboration of the Drug Annual Report in collaboration with the European Monitoring Center on Drugs and Drug Addiction – EMCDDA)

- At Foundation Global Initiative on Psychiatry – Tbilisi (a member of the international Federation Global Initiative on Psychiatry - FGIP):

From 2012 to now: Mental Health Program Senior Manager

(Duties: designing and supervising Mental Health Programs for Georgia and different countries, i.e.: Georgia, Kazakhstan, Kirgizstan, Sri Lanka, Ukraine, etc.).

2. Previous jobs:

As Senior Program Manager at Foundation Global Initiative on Psychiatry (GIP):

2010-2015: Country Director of Transition in the East Alliance (TEA) Program in Georgia

(Duties: overall management and supervision of the program directed at psycho-social rehabilitation and inclusion of the marginalized populations traumatized as a result of the Georgian-Russian war of 2008; coordination with the 5 other countries engaged in the program: Vietnam, Laos, Sri Lanka and Tajikistan). TEA program is funded by the Dutch Government, and implemented by GIP;

2006 – 2010: Research Supervisor of the Mental Health and HIV/AIDS Resource Centers in Tbilisi (Georgia), Yerevan (Armenia), Baku (Azerbaijan), Bishkek (Kyrgyzstan), Dushanbe (Tajikistan), Almaty (Kazakhstan) (duties: supervision of the six research teams)

Etc.

As a contractor of the International Alert (UK):

2010 – 2012: Research Supervisor in the Project “Conflict Related Myths in the South Caucasus” (duties: elaboration of the methodology and coordination & supervision of the research studying utilization of societal trauma and enemy image phenomena in internal political power struggle in the different countries and constituencies in the South Caucasus; editor of the three books published as a result of the research projects), Funded by European Commission, implemented by International Alert (IA)

As a contractor of UNDP Georgia:

2002 – 2009: Drug Information and Prevention Expert within the South Caucasus Anti-Drug Program funded by the European Union (duties: foundation of the drug information network of the relevant agencies, founding the Georgian Anti-Drug Coalition uniting relevant organizations in the field of Drug demand reduction; writing Drug Annual Reports; designing and conducting drug universal prevention programs/projects).

Facilitator/trainer/workshop leader/supervisor for international events:

- 2023 November 16-20: Workshop coordinator and co-leader in Veterans' Mental Health Care for the Ukrainian Mental Health Professionals, Uzhgorod, Ukraine (the workshop was conducted in collaboration with the Canadian, Dutch, Georgian, Lithuanian, and Ukrainian mental health professionals)
- 2023 October and December: Leader of a series of Resilience Workshops (4 2-hour online workshops) for Ukrainian media professionals, on behalf of the Dart Center for Journalism and Trauma Europe (DCE)
- 2023 October and December: Co-leader of the online training (on behalf of FGIP) in Basics of Psychotraumatology for Kazakh mental health professionals
- 2023 July 1-3: Leader of the workshop (on behalf of FGIP) on Working with Traumatic Loss and Grief with the Ukrainian mental health professionals, Vilnius, Lithuania
- 2023 March 18-19: Leader of the workshop (on behalf of FGIP) on Working with the Internally Displaced People, for the Ukrainian mental health professionals, Vilnius, Lithuania
- 2023 March 5-8: Co-trainer of the Training of Trainers (on behalf of FGIP) on Trauma-Informed Care, for Sri Lankan mental health professionals, in the Northern Province, Sri Lanka
- 2022 December and 2022 May: Co-leader of the workshops (on behalf of FGIP) on Trauma Care for mental health professionals in the Northern province of Sri Lanka
- 2022 December: Leader of the series of Dart Center Europe's (DCE) resilience workshops for Ukrainian journalists
- 2022 March 19: Leader of the Workshop on Working with Traumatized Individuals and Families, for mental health professionals from Ukraine, in Vilnius, Lithuania, organized by the Federation Global Initiative on Psychiatry
- December 2020 to December 2022: Leader of the series of Dart Center Europe's (DCE) workshops in Trauma & Journalism for radio journalists, The Netherlands
- 2022: Co-leader of the series of the Dart Center Europe's (DCE) workshops in Trauma and Journalism for Pakistani Journalists
- September 15, 2020: Leader of the Thompson Reuters Foundation online workshop "Safety, Trauma, and Self Care", workshop leader for Russian-speaking journalists from different former-Soviet countries
- August 21-25, 2019: Leader of the Justice for Journalists Foundation's (London, UK) Training "Safety Training & Risk Assessment for Russian-Speaking Journalists and Bloggers", leading the day on the "Trauma Awareness and Self-Care for Journalists", in Tbilisi, Georgia
- April 17-21, 2018: Co-trainer at the training organized by Rory Peck Trust in Cooperation with the Dart Center for Journalism and Trauma on safety issues for Ukrainian freelance journalists, the second round, leading the section on trauma awareness and self-care for journalists together with the journalist from UK Angelina Fusco, in Kyiv, Ukraine
- June 6-9, 2017: Co-trainer of the training organized by Rory Peck Trust in Cooperation with the Dart Center for Journalism and Trauma on safety issues for Ukrainian freelance journalists, the first round, leading the section on trauma awareness and self-care for journalists, in Kyiv, Ukraine
- March 11-20, 2019: Co-trainer, training in crisis management for the Georgian Penitentiary system staff members, within the frame of the EC-funded penitentiary system support project
- September 10-14, 2018: Leader of the training in mediation for the PLB Crime Prevention Center's mediators' team, within the frame of the EU Funded judiciary support project
- April 24-29, 2018: Leader of the training in Trauma Care for mental health professionals in Kyrgyzstan, in Dushanbe, within the frame of the Global Initiative on Psychiatry Capacity Building project
- October 2015-October 2017: Senior Consultant for International Alert's Project "Seeds of Tolerance" (training in trauma care for mental health professionals and development of the trauma care mental health services in Ukraine), funded by the European Commission
- September-November of 2016: Senior consultant and trainer at SPA-Zagreb project on "Capacity Development for Psychosocial Support: Training, training of trainers and supervision in Ukraine", supported by GIZ

- April-October 2014: Leader of the workshop (on behalf of GIP-T) in mental health for Azerbaijani, Armenian, Georgian, and Iranian mental health professionals, in the frame of the Counterpart International project, Tbilisi Etc.

Supervision experience:

- 2020 to now – Supervisor of the digital mental health services
- 2019 to now - Supervisor of the counselors from the prevention-intervention transdiagnostic mental health service “Club Synergy” in Tbilisi and Batumi, Georgia
- 2019-2022 – Supervisor for the Ministry of Education of Georgia Psychosocial Service staff members - psychologists
- 2012-2018: Supervisor of the Georgian Ministry of Justice Crime Prevention Center’s mediators, within the frame of the EU Funded judiciary support project
- 2010-2019 – Supervisor for the SOS Children’s Village-Georgia team of psychologists and social workers
- April 2018 – December 2018 – Supervisor of the Kirgiz psychologists and psychiatrists working in the field of trauma care (within the frame of the project of the Foundation Global Initiative on Psychiatry – Tbilisi)
- From 2014 to 2017 – Supervisor of the Ukrainian psychologists and psychiatrists working in the field of trauma care (within the frame of the project implemented by the Foundation Global Initiative on Psychiatry) Etc.

Research Experience (ongoing research projects):

- 2023 to now: Research Supervisor (of the Georgian research team) in the International Study “Cultural Scripts of Trauma”, implemented in collaboration with the University of Zurich, Switzerland

- 2022 to now: Investigator of the International Delphi Study OPTIMUS (Opioid Agonist Maintenance Treatment Outcomes—The OPTIMUS International Consensus Towards Evidence-Based and Patient-Centered Care), implemented by the international consortium, coordinated by EMCDDA

- Since April 17, 2019, to December 2023: Principle Investigator (PI) in the research project “Prevention of Mental Health Problems and Addiction among Georgian Youth” (PAMAD), funded by the Medical Research Council (MRC), UK; MR/S025278/1. The project is implemented in cooperation with the Curatio Medical Foundation, Foundation Global Initiative on Psychiatry - Tbilisi, London School of Tropical Medicine, and Cardiff University)

- 2021-2022: Co-principle Investigator (from the Georgian side) in the Georgian-Swiss study “University Students’ Life Stressors and Mental Health in Georgia and German-Speaking Switzerland”, implemented within the frame of the joint project of the Zurich University and Ilia State University, funded by the Swiss government

- July 2020 – February 2021: Principle Investigator in the research project “Satisfaction with the Opioid Substitution Therapy Programs Services in Western Georgia among Beneficiaries”, funded by the European Harm Reduction Association (EHRA). The Project is implemented in cooperation between the following actors: Ilia State University Institute on Addiction Studies, Foundation Global Initiative on Psychiatry – Tbilisi, Community Based Organization “Rubikoni”

- July 2019 to December 2019: Research Coordinator in the research project “Assessment of Accessibility of Opioid Substitution Treatment in the Penitentiary System of Georgia”, Funded by the Georgian Center for Training and Consultancy (CTC). The project is implemented by the Ilia State University Institute of Addiction Studies in cooperation with the Addiction Research Center “Alternative Georgia”

- April 2019 to April 2020: Principle Investigator in the research project “Politicization of Drug Prevention and Drug Policy in Georgia” funded by the Ilia State University (Research Support Scheme). The project is

implemented by the Ilia State University Institute of Addiction Studies in cooperation with the Syracuse University professor Dessa Bergen-Cico

- November 2017 – December 2020: Co-principle Investigator in the research project “HIV/AIDS Prevention among Street Connected Youth in Georgia” funded by the Shota Rustaveli National Foundation (Basic Research Projects scheme). The project was implemented by the Ilia State University Social Work Department

- From January 2016 to December 2019: Researcher in the project „Developing a Train the Trainer program to disseminate an evidence-based psychological treatment for post-traumatic stress disorder (PTSD) they have adapted for use in Georgia”, funded by the European Commission via Erasmus + funding mechanism, implemented by the Cardiff University in cooperation with the Ilia State University.

Etc.

Some presentations at the international events:

- Speaker at the symposium “Addressing Mental Health Needs in Conflict-Affected Central and Eastern Europe” at the European Psychiatrists Association Conference (EPA2024) in Budapest, Hungary, on April 7, 2024

- Keynote speaker (on the topic “Supporting First Responders Caught in Armed Conflict”) at the 1st Conference of the Global Collaboration on Traumatic Stress, Cape Town, December 14, 2023

- Presenter at the Research Workshop “Building Transdisciplinary Preventive-Intervention Service in Georgia” held at Cardiff University, UK, on November 23, 2023

- Co-leader of the workshop “Developing Innovative Digital Mental Health Interventions for War- and Political Oppression-Affected People” at the 39th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, November 2, 2023

- Keynote panel speaker at the 3^d Australia and New Zealand Refugee Trauma Recovery in Resettlement Conference, Adelaide, October 10, 2023

- Keynote Panel “Trauma, Memory and Recovery” Chair (on behalf of FGIP) at the Andrey Sakharov 13th International Conference, Vilnius, Lithuania, May 18-19, 2023

- Keynote panel chair at the international conference “Trauma and Society” organized by the Ilia State University, Georgian Society of Psychotrauma, and the Georgian Center for Rehabilitation of Torture Victims, Tbilisi, April 27, 2023

- Presenter at the symposium “Disseminating Evidence-Based Approaches to Services for Traumatized Young People in Georgia” at the 38th Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, Georgia, USA, on November 9-12, 2022

- Presenter at the invited ESTSS keynote panel “Mental health and adjustment to the COVID-19 pandemic in Europe: findings of the ESTSS ADJUST study” at the 37th Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), held online on November 14-16, 2021

- Chair of the keynote panel “Dealing with the COVID-19 Pandemic Across Europe” at the European Society for Traumatic Stress Studies 17th (virtual) Conference “Trauma and Mental Health During Global Pandemic”, held online on June 16-18, 2021

- Presenter at the symposium “Addressing the COVID-19 Pandemic Related Mental Health Needs in LMICs: a Case of Georgia” at the European Society for Traumatic Stress Studies 17th (virtual) Conference “Trauma and Mental Health during Global Pandemic”, June 16-18, 2021

- Chair of the Keynote Symposium “Exploring the Mental Health Impact of the COVID-19 Pandemic: The Role of Current Stressors, Double Exposure and Previous Traumatic Experiences” at the European Society for Traumatic Stress Studies 17th (virtual) Conference “Trauma and Mental Health During Global Pandemic”, June 16-18, 2021

- Chair of the Webinar organized by the European Society for Traumatic Stress Studies “Trauma Informed Care”. December 16, 2020

- Chair at the Webinar organized by the European Society for Traumatic Stress Studies “ESTSS Recommendations on the Mental Health and Psychosocial Care During Pandemics”. November 22, 2020
- Chair at the online Symposium at the 36th Annual Meeting of the International Society for Traumatic Stress Studies “Disseminating Evidence-Based Approaches in Georgia”, November 14, 2020
- Chair at the Panel “Impact of Historical Trauma on International Relationships” at the International Conference “Dealing with the Undigested Past”, Vilnius, Lithuania, March 6, 2020
- Chair at the Panel “The Changing Face of Political Violence in Europe: identifying and Responding to New Challenges” at the 35th Annual Meeting/Conference of the International Society for Traumatic Stress Studies, in Boston, USA, November 15, 2019
- Presenter of the workshop “Addressing Trauma of War Affected Populations: Responding to Challenges Workshop” at Oxford Brookes University, UK, July 12, 2019
- Opening speech (June 14, 2019) and closing speech (June 16, 2014) at the 16th conference of the European Society for Traumatic Stress Studies in Rotterdam, Holland; Chairing of the Presidential Panel on Political Oppression at the same conference and an oral presentation “Totalitarian Trauma: Transgenerational Transmission and Resilience Strategies”
- Oral Presentation “Restorative Justice and Public Mental Health” at the Conference of the European Forum for Restorative Justice in Tbilisi, Georgia, April 16, 2019
- Poster Presentation “Living in Paradox: A Qualitative Study of Political Violence Related Trauma, its Intergenerational Transmission and Resilience Strategies”, at the Annual Meeting of the International Society of Traumatic Stress Studies, Washington, USA, November 8, 2018
- Half-a-day workshop (Pre-meeting Institute): “Delivering a Train the Trainer Program to Implement TF CBT Course in Georgia”, In the Frame of the Erasmus + Program initiated together By the University of Cardiff and Ilia State University, at the Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, USA, November, 2017
- Oral presentation at the symposium: “Responding to the Mental Health Needs of Conflict-affected and Traumatized Children and Adults in Georgia and Ukraine: Challenges and Opportunities”, at the Biannual Conference of the European Society for Traumatic Stress Studies (ESTSS), Odense, Denmark, June, 2017
- Chair of the ESTSS Panel: “Transcending the Borders: Challenges and Opportunities of the ‘European Refugee Crises’”, at the Bi-annual Conference of the European Society for Traumatic Stress Studies, Odense, Denmark, June, 2017
- Keynote speaker on the topic “Intergenerational Transmission of The Totalitarian Trauma: When Past is Becoming a Present”, at the International Annual Conference of the Ukrainian Association of Psychiatrists”, Lviv, Ukraine, October 2016
- Oral presentation “Tracking Totalitarian Trauma in Contemporary Georgia: A Case Study” at the biannual (14th) Conference of the European Society on Traumatic Stress Studies, Vilnius, Lithuania, June 2015
- Etc.

Some publications (in English):

- Vamik Volkan, **Darejan Javakhishvili** (2024). Invasion of Ukraine. Chapter in: Karine Messina (ed) (2024). Psychoanalytic Study of Political Leadership in the United States and Russia, Taylor & Francis, United Kingdom
- Lotzin, A., Stahlmann, K., Acquarini, E., Ajdukovic, D., Ajdukovic, M.,... **Javakhishvili, J.**, ... Anastassiou-Hadjicharalambous, X. (2024). A longitudinal study of risk and protective factors for symptoms of adjustment disorder during the COVID-19 pandemic. *European Journal of Psychotraumatology*, 15(1). <https://doi.org/10.1080/20008066.2024.2318944>
- **Jana D. Javakhishvili**. Substitutive Trauma: Preparing Grounds for the Russian Attack on Ukraine. *Torture Journal*, Vol.33 (3), 2023, Pp. 94-115 <https://doi.org/10.7146/torture.v33i3.141714>
- **Jana Javakhishvili**, Nino Makhashvili, Petr Winkler, Nicole Votruba, Robert van Voren, Providing immediate digital mental health interventions and psychotrauma support during political crises,

The Lancet Psychiatry, 2023, ISSN 2215-0366, [https://doi.org/10.1016/S2215-0366\(23\)00120-7](https://doi.org/10.1016/S2215-0366(23)00120-7).
(<https://www.sciencedirect.com/science/article/pii/S2215036623001207>)

- Wiessing, L., Banka-Cullen, P., Barbaglia, M. G., Belackova, V., Belbaisi, S. A., Blanken, P., ... **Javakhishvili, J.D.** & Yiasemi, I. (2023). Opioid Agonist Maintenance Treatment Outcomes—The OPTIMUS International Consensus Towards Evidence-Based and Patient-Centred Care, an Interim Report. *International Journal of Mental Health and Addiction*, 1-16 <https://doi.org/10.1007/s11469-023-01213-9>
- Lioupi, C., Anastassiou-Hadjicharalambous, X., Acquarini, E., Ajdukovic, D., Ardino, V., Bottche, M., Dragan, M., Figueredo-Braga, M., Gelezelite, O., Grajewski, P., **Javakhishvili, D.**, Kazlauskas, E., Lenferink, L., Lueger-Schuster, B., Tsiskarishvili, L., Mooren, T., Sales, L., Ajdukovic, M., Zrnik-Novakovic, I., Eklund, R., Hensler, I., Schafer, I., Lotzin, A. (2023). Predictors of traumatic experiences among individuals experiencing pandemic-related stressors: a cross-sectional study in Europe during the COVID-19 crisis. *Curr Psychol* (2023). <https://doi.org/10.1007/s12144-023-05036-8>
- Evaldas Kazlauskas, Odeta Gelezelyte, Monika Kvedaraite, Dean Ajdukovic, Kerstin Bergh Johansson, Maria Böttche, Kristina Bondjers, Małgorzata Dragan, Margarida Figueiredo-Braga, Piotr Grajewski, Xenia Anastassiou-Hadjicharalambous, **Jana Darejan Javakhishvili**, Chrysanthi Lioupi, Brigitte Lueger-Schuster, Joanne Mouthaan, Ines Rezo Bagaric, Luisa Sales, Ingo Schäfer, Suzan Soydas, Lela Tsiskarishvili, Irina Zrnica Novakovic, Annett Lotzin (2023). Psychometric properties of the Patient Health Questionnaire-4 (PHQ-4) in 9230 adults across seven European countries: Findings from the ESTSS ADJUST study; *Journal of Affective Disorders*, Volume 335, 15 August 2023, Pages 18-23; DOI: [10.1016/j.jad.2023.05.007](https://doi.org/10.1016/j.jad.2023.05.007)
- Grainne McGinty, Robert Fox, Bayard Roberts, Nino Makhashvili, **Jana D. Javakhishvili** & Philip Hyland (2023): Post-traumatic Stress Disorder, Complex Post-traumatic Stress Disorder, and Coping Styles among Internally Displaced Ukrainians, *Journal of Loss and Trauma*, DOI: [10.1080/15325024.2023.2217002](https://doi.org/10.1080/15325024.2023.2217002)
- Rahel Bachem, Nino Makhashvili, Andreas Maerker, **Jana Darejan Javakhishvili**, Anaïs Aeschlimann, Ketevan Pilauri, Tekla Latibashvili, Yafit Levin, Natia Shengelia (2023). University Students' Life Stressors and Mental Health in Georgia and German-Speaking Switzerland. In: *International Perspectives in Psychology* VOL. 12, NO. 3. Doi: <https://doi.org/10.1027/2157-3891/a000067>
- **D. Javakhishvili**, Filip Arnberg, Neil Greenberg, Evaldas Kazlauskas, Annett Lotzin & Miguel Xavier (2022) Dealing with the COVID-19 pandemic in Europe: five lessons from the European Society for Traumatic Stress Studies, *European Journal of Psychotraumatology*, 13:1, DOI: [10.1080/20008198.2022.2046330](https://doi.org/10.1080/20008198.2022.2046330)
- Volkan, V., **Javakhishvili, J.D.** (2022). Invasion of Ukraine: Observations of Leader-Followers Relationships. *The American Journal of Psychoanalysis*, 0002-9548/22, <https://doi.org/10.1057/s11231-022-09349-8>
- **Javakhishvili, J. D.**, Kirtadze, I., & Otiashvili, D. (2022). 'Ten years later' – Developing institutional mechanisms for drug demand reduction and addictology education in Georgia – A case study. *Adiktologie*, 22 (1), 35–46. <https://doi.org/10.35198/01-2022-001-0005>
- Nino Makhashvili, **Jana Darejan Javakhishvili**, Ivdity Chikovani, Rhys Bevan-Jones, Maia Uchaneishvili, Ketevan Pilauri, Natia Shengelia, Nutsa Marjanishvili, Lela Sulaberidze, Keta Sikharulidze, Bayard Roberts & Jonathan Bisson (2022) A transdiagnostic psychosocial prevention-intervention service for young people in the Republic of Georgia: early results of the effectiveness study, *European Journal of Psychotraumatology*, 13:1, DOI: [10.1080/20008198.2022.2060606](https://doi.org/10.1080/20008198.2022.2060606)
- Irina Zrnica Novaković, Brigitte Lueger-Schuster, Lucia Verginer, Helena Bakić, Dean Ajduković, Camila Borges, Margarida Figueiredo-Braga, **Jana (Darejan) Javakhishvili**, Lela Tsiskarishvili, Małgorzata Dragan, Nadia Nagórka, Xenia Anastassiou-Hadjicharalambous, Chrysanthi Lioupi & Annett Lotzin (2022) You can't do anything about it, but you can make the best of it: a qualitative analysis of pandemic-related experiences in six European countries, *European Journal of Psychotraumatology*, 13:1. DOI: [10.1080/20008198.2022.2065431](https://doi.org/10.1080/20008198.2022.2065431)

- Shevlin, M., Hyland, P., Karatzias, T., Makhshvili, N., **Javakhishvili, J.**, & Roberts, B. (2022). The Ukraine crisis: Mental health resources for clinicians and researchers. *Journal of Traumatic Stress*, 1-3. <https://doi.org/10.1002/jts.22837>
- Mark Shevlin, Philip Hyland, Thanos Karatzias, Nino Makhshvili, **Jana Javakhishvili** & Bayard Roberts (2022): The Ukraine Crisis: Mental Health Resources for Clinicians and Researchers, *Journal of Loss and Trauma*, DOI: [10.1080/15325024.2022.2057701](https://doi.org/10.1080/15325024.2022.2057701) Published online: 01 Apr 2022
- Annett Lotzin, Linda Krause, Elena Acquarini, Dean Ajdukovic, Vittoria Ardino, Filip Arnberg, Maria Böttche, Maria Bragesjö, Małgorzata Dragan, Margarida Figueiredo-Braga, Odeta Gelezelyte, Piotr Grajewski, Xenia Anastassiou-Hadjicharalambous, **Jana Darejan Javakhishvili**, Evaldas Kazlauskas, Lonneke Lenferink, Chrysanthi Lioupi, Brigitte Lueger-Schuster, Lela Tsiskarishvili, Trudy Mooren, Luisa Sales, Aleksandra Stevanovic, Irina Zrnica, Ingo Schäfer & ADJUST Study Consortium (2021). Risk and protective factors, stressors, and symptoms of adjustment disorder during the COVID-19 pandemic. First results of the ESTSS COVID-19 pan-European ADJUST study, *European Journal of Psychotraumatology*, 12:1, DOI: [10.1080/20008198.2021.1964197](https://doi.org/10.1080/20008198.2021.1964197)
- Miranda Olf, Indira Primasari, Yulan Qing, Bruno M. Coimbra, Ani Hovnanyan, Emma Grace, Rachel E. Williamson, Chris M. Hoeboer, and the GPS-CCC Consortium – **Jana Javakhishvili** and other consortium members (2021). Mental Health Responses to COVID-19 Around the World. In: *European Journal of Psychotraumatology*
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 - **Javakhishvili, J.D.**, Sarjveladze, N. (2001). Developmental Programs for Children for Civic Society Building. Chapter in Beyond Civil Society: Education and Civic Culture in Post-Communist Countries. Edited by Stephen Webber, Ilkka Liikanen, Macmillan Press, UK, pp.204-214, ISBN: 0-333-71018-5;
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- Etc.

In Georgian (books/chapters published in the last 5 years):

- **Javakhishvili J.D.** (2021). Trauma among Children and Adolescents – a chapter in the book: Makhashvili, N. and Tsiskarishvili, L. (Eds.). Trauma, Its Nature and Ways of Healing, ISBN: 978-9941-8-2500-2;
https://www.researchgate.net/publication/353167288_Nature_of_Trauma_and_Pathways_of_Healing_in_Georgian_language
- Sadzaglishvili, Sh., **Javakhishvili, J.**, Gotsiridze, T. and Lekishvili, K. (2021). Street Connected Youth: Ethical Research and Analytics. Monography. Ilia State University Ligamus Publishing House. ISBN 978-9941-18-361-4. https://www.researchgate.net/publication/350846104_Street_Connected_Youth_-_Ethical_Research_and_Analytics
- Ertsen, I., **Javakhishvili, J.**, Javakhishvili, L. (2021). Restorative Justice Handbook for University Education. Ilia State University Publishing House
- **Javakhishvili, J.D.** (2020). Media, Mental Health and Human Rights. A Handbook for Media Professionals. Neker Publishing House, ISBN 978-9941-479-63-2
<https://drive.google.com/file/d/1d0RN4navt8J8kObRedTXLjk0iWj-6Zbq/view>
- Ertsen, I., **Javakhishvili, J.D.**, Javakhishvili, L. (2020). Handbook in Restorative Justice. For university and professional education. ISBN 978-9941-8-2106-6
- **Javakhishvili, J.D.** (2020). Stress-related Disorders: History, Contemporary Approaches and International Cooperation. Ilia State University Publishing House. In: Javakhishvili, N., Lordkipanidze, M., Butsashvili, N. (2020). Proceedings of the Conference Dedicated to the Ilia State University Emeritus Professor Natela Imedadze's Jubily. Ilia State University Publishing House. ISBN 978-9941-18-346-1
- **Javakhishvili, J.D.** (2020). When the Key to the Past is Lost: Tracking Totalitarian Trauma in Georgia. In: Jishkariani, D. & Darchiashvili, D. (2020). Reconstructions of History. Soviet Trauma as Georgia's Living Heritage. Ilia State University Publishing House

Education and Training:

- 2021-2022: Training in European Drug Prevention Curriculum, by the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), online
- 2010-2018: Doctoral Program, Ilia State University, School of Arts and Science; obtained degree: The Degree of Doctor in Philosophy in Psychology, Summa Cum Laude
- 2013-2015: Training in Supervision, by Dr. Nora Balke, Training Institute for Supervision at Catania gGmbH, Germany, in Tbilisi
- 2016 - 2017, ToT in TF CBT, by Jonathan Bisson, Cardiff University, in Tbilisi and Cardiff
- 2017-2018: Training in EMDR by Peter Liebermann and Suzanne Leutner, EMDR Europe, in Tbilisi
- 2003-2015: Series of EMCDDA REITOX Academy Training on Drug Monitoring, by EMCDDA experts, in Lisbon (2003), Istanbul (2004), Prague (2014), Tbilisi (2015)
- 2006 – 2011, Series of workshops on Journalism & Trauma and media organizations' staff care by Dr. Frank Ochberg, Founder of Dart Centre on Journalism & Trauma, in Tbilisi
- 2008 - 2013, Series of Training in Trauma-Focused Cognitive Behavioral Therapy (TF CBT) by Jonathan Bisson, Cardiff University, Tbilisi
- 2008 – 2013, Series of Training in Brief Eclectic Psychotherapy by Berthold Gersons (ESTSS), Tbilisi
- 1995 - 2002 – Series of workshops on psychodynamics of large group & conflict by Vamik Volkan, University of Virginia, The Centre for Mind and Human Interaction (USA), in: Tbilisi, Istanbul, Izmir
- 1991 - Workshop in psycho-synthesis with Janette Rainwater, Tbilisi
- 1989 - Workshop in family therapy with Carl Whittaker, Tbilisi
- 1988 - Workshop in family therapy with Virginia Satyr, Tbilisi
- 1988 - Workshop in Client-Centered Therapy with Carl Rogers
- 1986 - Postgraduate exam in General Psychology, certificate
- 1985 - Postgraduate exam in English Language, certificate
- 1985 - Postgraduate exam in Philosophy, certificate
- 1979 - 1984 - Tbilisi State University, Faculty of Psychology & Philosophy

Knowledge of languages & computer literacy:

Georgian: Mother tongue

English: speaking, listening, reading, writing – fluent

Russian: speaking, listening, reading, writing – fluent

Czech: speaking, writing – poor, reading and listening – good

Ukrainian: speaking, writing – poor, reading and listening – good

Computer skills: Proficient in MS Office

Academic indexes:

SCOPUS: <https://www.scopus.com/authid/detail.uri?authorId=57195250192>

Google Scholar: <https://scholar.google.com/citations?user=VkfUS-wAAAAJ&hl=en&oi=ao>

Web of Science: <https://www.webofscience.com/wos/author/record/422076>

Media activities (in Georgian language):

Blogs:

<http://liberali.ge/authors/view/2088/jana-javakhishvili>

<https://publika.ge/author/jana-javakhishvili/>

Vlogs:

<https://www.youtube.com/watch?v=sy5GyK5VbGQ>

<https://www.youtube.com/watch?v=Qaf5KLHK4YI&t=13s>

https://www.youtube.com/watch?v=ls-Z3k_87IY&t=347s

<https://www.youtube.com/watch?v=LbemWCIs0w&t=84s>

<https://www.youtube.com/watch?v=V6rhibeYh90>

<https://www.youtube.com/watch?v=z7jBze99PjY>

<https://www.youtube.com/watch?v=Luq93mex5Fo>

The Author of the radio program “Dariapsychology”:

<https://soundcloud.com/user-862052174/sets/vltdehyf3tnn>

<https://www.facebook.com/darioradio01>

<https://www.youtube.com/channel/UCRsGkiziF4kW0HI67POpOoA/playlists>

TV shows’ conductor:

<https://www.youtube.com/watch?v=xt0InHLkazY>

<https://www.youtube.com/watch?v=IfiDSYLZsME&t=492s>

<https://www.youtube.com/watch?v=faaMrYrkAHM>

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<https://www.youtube.com/watch?v=MSjcd0OpQRQ>