

CV

Rusudan Mirtskhulava

Position: Ilia State University, faculty of Art and Science, Associate Professor, PchD; Associate Professor at Ilia State University.

Education: In 1980 Rusudan Mirtskhulava has graduated I. Javakhishvili Tbilisi State University, faculty of Psychology-Philosophy (speciality- Psychologist).

Proficiency: In 1980-2012 R.Mirskhulava working as researcher at D. Uznadze State Institute , was member of scientific council and member of Journal “Matsne” editorial board. In 1993-2008 Rusudan Mirtskhulava was professor at Sh. Rustaveli University of Theatre and Cinema and Director of Department of Humanistic Disciplines. In 1999-2003 was working in “Image centre” at telecompany “Rustavi 2” as psychologist. In 2000-2001 R.Mirskhulava worked as Psychologist at tv broadcast “Komunikatori” (Chanel 1). Since 2008 R. Mirtskhulava is associated professor at Ilia State University. From 2015 she is a member of Academic Council at SANGU. Since 1999 R. Mirtskhulava is Art-Psychologist and holds art-psychotherapy (art-therapy, psychodrama) sessions. She is the author and the trainer of the unique multimodal art-therapy session models. Long since R. Mirtskhulava nurturs for the popularization of the art-therapy and psychodrama methods in Georgia. R.Mirskhulava frequently holds public lectures at Universities, librarus, speaks over the televise and radio and participates in conferences.

Scientific interests / research interests

Scientific interests 1.Psychology of Art, 2.Art-Therapy and Psychodrama (Theory and Praktice), 3.Psychology of Emotion, 4.Social Psychology, 5.Psychology of Set and Inheritance of D. Uznadze.

Research Interests: 1.Emotional Expression (Body Language) and Praiming, 2.Anxiety and it's influence on education process, 3.Creativity and Anxiety corelations.

Publications:

Books:

Mirskhulava R. “Labyrinth of Mythology”, 2018

Mirskulava R. “From Psychological Drama to Psychodrama”, 2012

Mirskhulava R. “Psychology of Art”. 2007

Mirskhulava R. “Art-Methods in Modern Psychotherapy and Training”, 2007

Articles:

Mirskhulava R. “Effects of Evaluation Situation on the fixed Set.” (Dissertation work, published in Journal “Matsne” (Scientific Journal of Georgian Academy of Science).

Tiabashvili, Tinatin and Mirtskhulava, Rusudan and Japaridze, Marine (2015) Increasing Emotional Intelligence Among Early Adolescents: Mythodrama Group Psychotherapy Approach, Problems of Education in the 21st Century, 66 (66), pp.67-74, USSN 1822-7864, official URL: ICID: 1167874
Mirtskhulava R. "Metamorphosis of Psyche" (2015) academia, edu, Divisions-Institute of Applied Psychology [URL:http://eprints.iliauni.edu.ge](http://eprints.iliauni.edu.ge)

Poster and Resume- Mirtskhulava R., "Registration of Anxiety Reactions of Georgian Pupils to the Science Exams"- Science Learning & Citizenship, 9th International Conference ESERA 2011, Lyon, France

Poster and Resume-Mirtskhulava R. "Adaptation of Psychodrama (J.L. Moreno) for Georgian Population and its Usage for IDPs"- IUPsys Capacity Building Workshop „Bereavement; Research and Practice" November 1-7, 2009, Jena, Germany.

Article- Mirtskhulava R. "Analysis of Psychodrama Therapy Effects on the Basis of the Psychology of Set"- „Journal of Psychology“ International Edition, Tbilisi, 2013

Article- Mirtskhulava R. "Pirosmani's Black-White Mithologema", International Edition „Pirosmani and Georgian Culture" Tbilisi, 2014

Article- Mirtskhulava R. "Overcoming Opposites in the Modern Art"- "New Paradigms", 1999

Article- Mirtskhulava R. "Significance of Functional Tendency in Art-Therapy", Journal of Georgian Psychology, 2007 #1

Article- Mirtskhulava R. "Term of "Need of Activity" –International Edition "Psychology" XXII Tbilisi, 2010

Article- Mirtskhulava R. "Principle of Relativity in Psychology"- "Matsne", Tbilisi, 2005

Article- Mirtskhulava R. "Eternal Ingmar Bergman", "Kino", Tb. 2007 #6

Article- Mirtskhulava R. "Mainstream in Georgia", "Kino", Tb. 2006 #2

Article- Mirtskhulava R. "Art-Therapy; Unit of Art and Psychology", "Researches of Theatre and Cinema", Tb. 2004 #1

Article- Mirtskhulava R. "Archetype Variations in the Georgian Cinematography" (co-author I. Kuchuxidze), "Researches of Theatre and Cinema", Tb., 2005 #4

Article- Mirtskhulava R. "Television- Tele Vision", "Researches of Theatre and Cinema", Tb., 2005, #5

Article- Mirtskhulava R. "Psychology of Artistic metamorphosis", " Art Researches", Tb., 2007 #3

Article- Mirtskhulava R. "Mainstream in Georgia", " The Georgian Culture in the Last Years of the 20th Century "Tb. 2007

Article- Mirtskhulava R. "Alphabet Teaching and Connection of Form and Content in the Modern Georgian School", In the collection of articles "Iakob Gogebashvili's Anniversary", Tb., 2008

Article- Mirtskhulava R. "Reality of the Symbol", "Semiotics", X, Tb., 2011

Article- Mirtskhulava R. "Path as Art-Therapy's Symbol", "Semiotics", Tb., 2013

Article- Mirtskhulava R. "Psychotherapy as the Metaphor", "Semiotics" XIV, 2014

Publications on the Blog "Bursi" „ბურუსი“ -: [biriso.word.com.press/com/psycho/rusiko-mir/\(2\)](http://biriso.word.com.press/com/psycho/rusiko-mir/(2)) p.1-10
[URL:http://eprints.iliauni.edu.ge](http://eprints.iliauni.edu.ge) :

Mirtskhulava R. "Ingmar Bergman's "Autumn Sonata".

Mirtskhulava R. "Eternal Ingmar Bergman"

Mirtskhulava R. "Contepoint; Tomas Mann-Karl Jung"

Mirtskhulava R. "Metamorphosis of Psyche" .

Also articles in Journals and Magazines.

Current Courses

1.Social Psychology (bachelor's level), 2. Psychology of Emotion (bachelor's level), 3. Psychology of Art (bachelor's level), 4. Introduction to Psychology (bachelor's level),5.Modern Art-Therapy Tecniques (master's level), 6. Socialization and Human's "I"(master's level).

Course Catalog

1.Psychology of Personality (Theories), 2.General Psychology, 3. Psychology of Set, 4. Psychoanalysis and Art, 5. Identity in Art-Therapy, 6. Bazics of Psychology, 7.Social Psychology, 8.Psychology of Emotion, 9.Psychology of Art, 9.Modern Art-Therapy Tecniques, 10. The Process of Socialization and Person's "I".

Video-lectures

1.Social Psychology, 2. Psychology of Art, 3.Introduction to Art Psychology.

Trainer Experience

In 1999-2001R.Mirtskhulava was Psychologist- Trainer at TV Company "Rustavi 2"

In 2001-2001 R.Mirtskhulava was a manager and psychologist-trainer of the "Psychological Club" at Sh. Rustaveli University of Theatre and Cinema.

In 2003-2008 R.Mirtskhulava was working as psychologist-trainer at NRC (Norwegian Refuge Council)

In 2000-2010 R.Mirtskhulava was teaching training methods in art-therapy at D.Uznadze Institute of Psychology

Since 2010 R.Mirtskhulava is organizer of art-therapy sessions at Ilia State University.