

Curriculum Vitae

Kate (Ketevan) Tchanturia, PhD

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PERSONAL DETAILS

Name: KATE (KETEVA) TCHANTURIA

Sex: Female

Nationality: British (Country of origin Georgia)

Marital Status: Married, Two Children

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South London and Maudsley NHS Trust
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King's College London
<https://www.kcl.ac.uk/people/professor-kate-tchanturia>
<https://kclpure.kcl.ac.uk/portal/kate.tchanturia.html>
<https://peacepathway.org>
https://en.wikipedia.org/wiki/Kate_Tchanturia

CURRENT POSITION

Present Position: **Professor of Psychology in Eating Disorders**
Module leader in Women's Mental Health/ King's College London, UK
Consultant (lead) Chartered Clinical Psychologist
Eating Disorders National Service
South London and Maudsley NHS foundation Trust
Professor (visiting) of Clinical Psychology
Illia State University Tbilisi, Georgia

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EMPLOYMENT HISTORY

2018 Sept present	Professor of Psychology in Eating Disorders
2006 Nov present	Consultant Psychologist in Eating Disorders Service South London and Maudsley Trust
2012 Apr	Reader Psychology of Eating Disorders
2008 Apr 2013 Mar	Senior Lecturer in Mental Health Studies and Eating Disorders
2004 Oct	Lecturer in Mental Health Studies and Eating Disorders Institute of Psychiatry King's College, University of London
2003 Oct - 2004 Oct	Clinical Psychologist Tyson West 2, South London and Maudsley NHS Trust
1998 Sept - 2003 Oct	Clinical Research Psychologist, Eating Disorders Unit Institute of Psychiatry, King's College, London.
1995 – 1998	Senior Lecturer in Clinical and Experimental Psychology Tbilisi State University, Georgia
1988 – 1998	Consultant Clinical Psychologist, Outpatient Department, Institute of Psychiatry Tbilisi (Since 1994 –1998 I was combining these two jobs)
1987 – 1988	Labyrinth NGO dedicated to Psychological Help for Children
1982 – 1985	Clinical Psychologist, Tbilisi City Psychiatric Hospital

EDUCATION, QUALIFICATIONS AND AWARDS

2020	Research leadership award Academy of Eating Disorders-This award honors an individual who has, over a substantial period of time (i.e., 10 years or more), used research to develop new knowledge about eating disorders that is internationally respected. The knowledge has to have had a measurable impact on the field, either by significantly furthering our understanding of the etiology of eating disorders, by changing treatment or prevention, or by fostering new lines of research.
2020	The association for Child and Adolescent Mental Health; shortlisted for Translational research into clinical practice Eric Taylor Price
2019	Best Supervisor award King's College London
2016 March	Fellow of the Higher Education Academy (Ref: PR098694)
2014	Fellow of Academy of Eating Disorders
2014	Fellow of British Psychological Society
2011	Shortlisted for NHS innovation Award
2009	Teaching excellence Award King's College London

2004 April	British Psychological Society Statement of Equivalence in Clinical Psychology – Chartered Clinical Psychologist
1994 March	PhD “Cognitive and Personality Measures in Set Theory” Institute of Psychology, Georgian Academy of Sciences
1984 Nov-April	Certificate in Clinical and Neuropsychological Assessment. Moscow University: Supervisor – Prof B Zeigarnik
1983 February	Group Psychotherapy Rehabilitation Bekhterev Institute of Psycho neurology, St Petersburg
1982	Diploma in Experimental Psychology. Graduated with Grade A equivalent in General and Experimental Psychology. Tbilisi State University, Republic of Georgia Awarded 4-year scholarship as A Grade student (1978-82).
1977 June	Graduated Tbilisi First Gymnasium with A Grade equivalents in 11 subjects and B Grade in 7 subjects

MEMBERSHIP OF PROFESSIONAL BODIES

1998 - 2003	Member of Association for the Study of Obesity
2002 - present	Member of British Association for Behavioral and Cognitive Psychotherapies (BABCP)-BCP 039463
2002 - present	Cognitive Neuroscience Society
2002 - present	European Council of Eating Disorders
2003 - present	British Psychological Society (BPS) 128090
2003 - present	Eating Disorders Research Society (EDRS) an invited and limited membership of international eating disorder researchers
2005 - present	Academy of Eating Disorders (Chair of Specialist Interest group - Neuropsychology and Eating Disorders). Fellow AED
2009	Society for Psychotherapy Research (SPR)
2009 –present	Health Profession Council (HPC) PYL21732
2012-present	European Eating Disorders Review/Member of Editorial Advisory Board
2014	
2014	Fellow of Academy of Eating Disorders
2015	Associate Fellow of British Psychological Society
	Associate Editor European Eating Disorder Review
2016	Academy of Higher Education UK

H index Scopus 56; Web of Science 53; Google scholar 79 citation 19 750

Submitted:

Mountford V, Allen K, Tchanturia K, Eilender K, Schmidt U. Implementing evidence-based individual psychotherapies for adults with eating disorders in a real world clinical setting. *IJED*

Dapelo M, et al; Combination of positive face and upright bodily posture increases positive affect
Emotion

Datta N, Tchanturia K, Zucker N A mixed-methods approach to conceptualizing friendships in anorexia nervosa. *Plos one*

Halls D, Leslie M, Leppanen J, Sedgewic F, Surguladze S, Fonville L, Lang K, Simic M, Nicholls D, Williams S, Tchanturia, K. The Emotional Face of Anorexia Nervosa: The Neural Correlates of Emotional Processing. *Human Brain Mapping*

Lesley M, Halls D, Leppanen J, Sedgewic F, Surguladze S, Fonville L, Lang K, Simic M, Nicholls D, Williams S, Tchanturia, K. The Neural Correlates of a Central Coherence Task in Young Women with Anorexia Nervosa *European Eating Disorder Review*

Halls D, Leslie M, Leppanen J, Sedgewic F, Surguladze S, Fonville L, Lang K, Simic M, Nicholls D, Williams S, Tchanturia, K. Autistic Spectrum Disorder Traits Are Not Correlated to Structural Brain Differences seen in Anorexia Nervosa.

Kerr-Gaffney J, Jones E, Hayward H, Murphy D, Tchanturia K. Women with Anorexia Nervosa and Autism: similarities and differences? *Molecular Autism*

Kinnaird E, Oakley M, Lawrence V, Shergill S, Tchanturia K. A peer interview qualitative study exploring support for carers of people with comorbid autism and eating disorders *Journal of Eating Disorders*

Tchanturia et al: Sensory Wellbeing workshops -*Neuropsychiatry*

In press:

Leppanen J, Tosunlar L; Blackburn R; Williams S; Tchanturia K; Sedgewick S "Critical incidents in anorexia nervosa: Patients' perspective" *Eating Behavior*

Lang K, Kerr-gaffney J, Hodsoll J, Jassi A, Tchanturia K, Krebs G (2021) Is poor global processing a transdiagnostic feature of Body Dysmorphic Disorder and Anorexia Nervosa: A meta-analysis Body Image

2021

Babb C, Brede J, Jones C, Elliott M, Zanker C, Tchanturia, K, Serpell L, Mandy W, Fox J “It’s not that they don’t want to access the support... it’s the impact of the autism”: The Experience of Eating Disorder Services From the Perspective of Autistic Women, Parents and Healthcare Professionals, *Autism: International Journal of Research and Practice*

2020

Keegan E, Tchanturia K, Wade T (2020) Central Coherence and Set-Shifting Between Non-Underweight Eating Disorders and Anorexia Nervosa: A Systematic Review and Meta-Analysis *International Journal of Eating Disorders*; doi: 10.1002/eat.23430

Li Z, Dandi Y, Toloza C, Carr A, Oyeleye O Tchanturia K(2020) Measuring clinical efficacy through the lens of the audit data in different adult eating disorder services *Frontiers in Psychiatry*. ;11:599945. doi: 10.3389/fpsyt.2020.599945

Keeler J, Patsalos O, Thuret S, Ehrlich S, Tchanturia K, Himmerich H, Treasure J (2020) Hippocampal volume, function and related molecular activity in anorexia nervosa: a scoping review; *Expert Review of Clinical Pharmacology* 13:12, 1367-1387 doi: 10.1080/17512433.2020.1850256.

Harrison A, Stavri P, Tchanturia K (2020) Individual and Group Format Adjunct Therapy on Social Emotional Skills for Adolescent Inpatients with Severe and Complex Eating Disorders (CREST-A) *Neuropsychiatrie* doi: 10.1007/s40211-020-00375-5

Kinnaird E, Tchanturia K (2020) Looking beneath the surface: distinguishing between common features in autism and anorexia nervosa; *Journal of Behavioral and Cognitive Therapy*. <https://doi.org/10.1016/j.jbct.2020.09.001>

Smith K, Tchanturia K (2020) Are huddles the missing PEACE of the puzzle in implementing clinical innovation? *Frontiers in Psychiatry* doi: 10.3389/fpsyt.2020.593720

Kerr-Gaffney J, Mason L, Jones E, Hayward H, Harrison E, Murphy D, Tchanturia K (2020) Autistic Traits Mediate Reductions in Social Attention in Adults with Anorexia Nervosa. *J of Autism and Developmental Disorders* doi, 10.1007/s10803-020-04686

Granero R, Treasure J, Claes L, Favaro A, Jiménez-Murcia S, Karwautz A, Le Grange D, Tchanturia K, Fernández-Aranda F (2020) Null hypothesis significance tests, a misleading approach to scientific knowledge: Some implications for eating disorders research..*European Eating Disorder Review*28(5):483-491. Doi:101002/erv2782

Glashouwer K, Brockmeyer T, Cardi V, Jansen A, Murray S, Blechert J, Levinson C, Schmidt U, Tchanturia K, Wade T, Svaldi J, Giel K, Favaro A, Fernandez Aranda F, Friederich H, Naumann E, Treasure J, Tuschen Caffier B, Vocks S, Werthmann J. (2020) Time to make a change: A call for more experimental research on key mechanisms in anorexia nervosa *European Eating Disorder Review*. 8(4):361-367, doi: 10.1002/erv.2754

Leslie M, Halls D, Leppanen J, Sedgewick F, Smith K, Lang K, Fonville L, Simic M, Mandy W, Nicholls D, Murphy D, Williams S, Tchanturia K. (2020) Neural Correlates of Theory of Mind are Preserved in Young Women with Anorexia Nervosa; *Frontiers in Psychology*, 10;11:568073. doi:

Dandil Y, Smith K, Kinnaird E, Toloza C, Tchanturia K (2020) Cognitive Remediation Interventions in Autism Spectrum Condition: A Systematic Review *Frontiers in Psychiatry*; doi:10.3389/fpsyg.2020.00722

Tchanturia K, Smith C, Glennon D, Burhouse A (2020) Towards an improved understanding of the Anorexia Nervosa and Autism spectrum comorbidity: PEACE pathway implementation; *Frontiers in Psychiatry* doi.org/10.3389/fpsyg.2020.00640

Tchanturia K, Dandil Y, Li Z, Toloza C, Smith K, Byford S (2020) A Novel Approach for Autism Spectrum Condition patients with Eating Disorders: Analysis of Treatment Cost-savings *European Eating Disorders Review*; doi: 10.1002/erv.2760

Bentz M, Westwood H, Jepsen J, Plessen K, Tchanturia K (2020) The Autism Diagnostic Observation Schedule (ADOS) Patterns in Individuals with Anorexia Nervosa *European Eating Disorder Review* doi:10.1002/erv.2757

Adamson J, Kinnaird E, Glennon D, Oakley M, Tchanturia K (2020) Carers' views on autism and eating disorders co-morbidity: A qualitative study. *BJPsych Open* doi: <https://doi.org/10.1192/bjo>

Kerr-Gaffney J, Hall D, Harrison A, Tchanturia K (2020) Exploring Relationships Between Autism Spectrum Disorder Symptoms and Eating Disorder Symptoms in Adults With Anorexia Nervosa: A Network Approach; *Frontiers in Psychiatry* 12;11:401. doi: 10.3389/fpsyg.2020.00401. eCollection 2020.

Kinnaird E, Dandil Y, Li Z, Smith K, Pimblett C, Rafiu A, Stewart C Tchanturia K (2020) Pragmatic sensory screening in anorexia nervosa and associations with autistic traits ; *Journal of Clinical Medicine* 20;9(4):E1182. doi: 10.3390/jcm9041182.

Kerr-Gaffney J, Mason L, Jones E, Hayward H, Harrison A, Loth E, Murphy D, Tchanturia K (2020) Emotion recognition abilities in adults with anorexia nervosa are associated with autistic traits *Journal of Clinical Medicine* 8;9(4):E1057. doi: 10.3390/jcm9041057.

Kinnaird E, Stewart C, Tchanturia K (2020) The relationship of autistic traits to taste and olfactory processing in anorexia nervosa. *Molecular Autism* 10;11(1):25; doi: 10.1186/s13229-020-00331-8

Giombini L, Nesbitt S, Kusosa R, Fabian C, Easter A, Tchanturia K (2020) Adapted Emotion skills training group for young people with anorexia nervosa: a mixed methods evaluation. *Neuropsychiatric Journal*. doi: 10.1007/s40211-020-00347-9

Kerr-Gaffney J, Hall D, Harrison A, Tchanturia K (2020) The Social Responsiveness Scale is an efficient screening tool for autism spectrum disorder traits in adults with anorexia nervosa; *European Eating Disorder Review* 28 (4) 433-444 doi: 10.1002/erv.2736

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Brede J, Babb C, Jones C, Elliott M, Zanker C, Tchanturia K, Serpell L, Fox J, Mandy W. "For me the anorexia is just a symptom and the cause is autism" *J Autism Dev Disord*. 2020 Apr 9. doi: 10.1007/s10803-020-04479-3.

Sedgewick F, Leppanen J, Austin A, Tchanturia K (2020) Gender differences in mental health prevalence in autism. *Advances in Autism* doi. 10.1108/AIA-01-2020-0007

2019

Sedgewick F, Leppanen J, Tchanturia K (2019) The Friendship Questionnaire, autism, and gender differences: a study revisited. *Molecular autism* 10, 28, 40;.1186/s13229-019-0295-z. eCollection 2019.

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Leppanen, J., Sedgewick F, Cardi V, Treasure J, Tchanturia K (2019) Basal ganglia volume and shape in anorexia nervosa; *Appetite* doi: 10.1016/j.appet.2019.104480.

Shekriladze I, Javakhishvili N, Tchanturia K (2019) Culture Change and Eating Patterns: A Study of Georgian Women *Frontiers in Psychiatry* doi: 10.3389/fpsy.2019.00619.

Smith K, Dandil Y, Baillie C, Tchanturia K (2019) Well-Being Workshops in Eating Disorder Wards and Their Perceived Benefits to Patients and the Multi-Disciplinary Team: A Pilot Study. *Brain Sci*; 23;9(10) doi: 10.3390/brainsci9100247

Kinnaird E, Norton C, Pimblett C, Stewart C, Tchanturia K (2019) Eating as an autistic adult: an exploratory qualitative study *Plos one*; 29;14(8):e0221937. doi: 10.1371/journal.pone.0221937

Kinnaird E, Sedgewick F, Stewart C, Tchanturia K (2019) "There's nothing there for guys". Do men with eating disorders want treatment adaptations? A qualitative study. *Eat Weight Disord*. 24(5):845-852 Doi:10.1007/s40519-019-00770-0

Sedgewick F, Kerr- Gaffney J, Leppanen J, Tchanturia K (2019) Anorexia nervosa, autism, and the ADOS: how appropriate is the new algorithm in identifying cases? *Front Psychiatry* Doi: 10.3389/fpsy.2019.00507

Leppanen, J., Sedgewick F, Cardi V, Treasure J, Tchanturia K (2019) Cortical morphometry in anorexia nervosa: An out-of-sample replication study. *European Eating Disorders Review* doi: 10.1002/erv.2686

Sedgewick F, Leppanen J, Gog F, Hayward H, Happe F, Tchanturia K (2019) Tricky triangles: similarities and differences in Theory of Mind responses of patients with anorexia nervosa with and without autistic features. *Frontiers in Psychiatry*. doi: 10.3389/fpsy.2019.00318

Hughes K, Halford S, Cowan M, Himmerich H, Tchanturia K (2019) Evaluation of a step-up treatment programme for individuals with eating disorders. *Clinical Psychology Forum*

Sedgewick F, Leppanen J, Tchanturia K (2019) Autistic adult outcomes on weight and Body Mass Index: a large-scale online study; *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*. EAWD-D-19-00098R2doi: 10.1007/s40519-019-00695-8.

Kerr-Gaffney J, Harrison A, Tchanturia K (2019) Cognitive and Affective Empathy in Eating Disorders: A Systematic Review and Meta-analysis. *Frontiers in Psychiatry*, 10-102 <https://doi.org/10.3389/fpsy.2019.00102>

Giombini L, Nesbitt S, Leppanen J, Cox H, Easter A, **Tchanturia K** (2019) Emotions in play: Young

people's and clinicians' experience of 'Thinking about Emotions' group. *Eat Weight Disord.* doi: 10.1007/s40519-019-00646-3

Adamson J, Ozenc C, Baillie C, **Tchanturia K** (2019) Efficacy of a Self-Esteem Group for Inpatients with Anorexia Nervosa Special Issue "Psychotherapeutic Treatment for Anorexia Nervosa" in *Brain Sciences* doi: 10.3390/brainsci9010012

Kinnaird E, Stewart C, **Tchanturia K** (2019) Investigating alexithymia in autism: a systematic review and meta-analysis; *European Psychiatry*; 3;55 :80-89 doi: 10.1016/j.eurpsy.2018.09.004.

Kinnaird E, Norton C, Stewart C, **Tchanturia K** (2019) Same behaviours, different reasons: what do patients with co-occurring anorexia and autism want from treatment? *International Review of Psychiatry*, 31(4):308-317 10.1080/09540261.2018.1531831

Tchanturia K, Larsson E, Adamson J, Westwood H; (2019) Characteristics of autism spectrum disorder in anorexia nervosa: A naturalistic study in an inpatient treatment programme. *Autism* 23(1):123-130. doi: 10.1177/1362361317722431

2018

Kerr-Gaffney J, Harrison A, **Tchanturia K** (2018) Eye-tracking research in eating disorders: A systematic review *International Journal of Eating Disorders* doi: 10.1002/eat.22998

Kinnaird E, Stewart C, **Tchanturia K** (2018) Taste sensitivity in anorexia nervosa: A systematic Review; *International Journal of Eating Disorders*. 51(8):771-784doi: 10.1002/eat.22886

Kinnaird E, Norton C, **Tchanturia K** (2018) Clinicians' views on treatment adaptations for men with eating disorders: a qualitative study; *BMJ Open*. doi: 10.1136/bmjopen-2018-021934.

Leppanen J, **Tchanturia K** (2018) Differences in the Theory of Mind profiles of patients with anorexia nervosa and individuals on the autism spectrum: a meta-analytic review; *Neuroscience & Biobehavioral Reviews*. pii: S0149-7634(17)30792-3. doi: 10.1016/j.neubiorev.2018.04.009

Kerr- Gaffney J, Harrison A, **Tchanturia K** (2018) Social anxiety in the eating disorders: A systematic review and meta-analysis. *Psychological Medicine*. doi: 10.1017/S0033291718000752

Adamson J, Leppanen J, Murin M, **Tchanturia K** (2018) Effectiveness of Emotional Skills Training for Patients with Anorexia Nervosa with Autistic Symptoms, Group or Individual Format *European Eating Disorder Review*. 26(4) 367-375

Leppanen J, Adamson J, **Tchanturia K** (2018) Impact of cognitive remediation therapy on neurocognitive processing in anorexia nervosa. *Frontiers in Psychiatry-Psychopathology*; doi: 10.3389/fpsy.2018.00096. eCollection 2018

Cardi V, **Tchanturia K**, Treasure J (2018) Premorbid and illness-related social difficulties in eating disorders: an overview of the literature and treatment developments. *Current Neuropharmacology*; doi: 10.2174/1570159X16666180118100028

Leppanen J, Ng KW, Kim YR, **Tchanturia K**, Treasure J. (2018) Meta-analytic review of the effects of a single dose of intranasal oxytocin on threat processing in humans. *J Affect Disorders*. 1;225:167-179. doi: 10.1016/j.jad.2017.08.041.

Raman J, Hay P, **Tchanturia K**, Smith E (2018) A randomised controlled trial of manualized cognitive remediation therapy in adult obesity. *Appetite*. doi: 10.1016/j.appet.2017.12.023

2017

- Dapelo M, Surguladze S, Morris R, **Tchanturia K** (2017) Emotion recognition in face and body motion in bulimia nervosa. *European Eating Disorder Review* doi: 10.1002/erv.2554.
- Westwood H, Mandy W, **Tchanturia K** (2017) The association between autistic symptoms and neuropsychological performance in females with Anorexia Nervosa; *Psychiatry Research* 258:531-537.S0165-1781(17)30380-3 doi: 10.1016/j.psychres.2017.09.005
- Westwood H, Kerr-Gaffney J, Stahl D, **Tchanturia K** (2017) Alexithymia in eating disorders: Systematic review and meta-analyses of studies using Toronto Alexithymia Scale; *Journal of Psychosomatic Research*; 66-81; doi: 10.1016/j.jpsychores.2017.06.007
- Ibrahim J, **Tchanturia K** (2017) Patients experience of a narrative group therapy approach informed by the 'Tree of Life' model for individuals with Anorexia Nervosa; *International Journal of Group Psychotherapy* doi: 10.1080/00207284.2017.1315586
- Westwood H, **Tchanturia K** (2017) Autism Spectrum Disorder in Anorexia Nervosa: An Updated Literature Review *Current Psychiatry Reports* doi: 10.1007/s11920-017-0791-9
- Leppanen J, Dapelo M, Davies H, Lang K, Treasure J, **Tchanturia K** (2017) Computerised analysis of facial emotion expression in Eating Disorders-s. *Plos one* 2;12(6):e0178972; doi:10.1371/journal.pone.0178972
- Tchanturia K**, Giombini L, Leppanen J, Kinnaird E. (2017) Evidence for Cognitive Remediation Therapy in young people with anorexia nervosa: Systematic Review and Meta-analysis of the literature *European Eating Disorder Review* 25(4):227-236. doi: 10.1002/erv.2522
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- Westwood H, Mandy W, **Tchanturia K** (2017) Clinical evaluation of autistic symptoms in women with anorexia nervosa 16;8:12. *Molecular Autism* doi: 10.1186/s13229-017-0128-x.
- Giombini L, Nesbitt S, Waples L, Finazzi E, Easter A, **Tchanturia K** (2017) Young people's experience of individual cognitive remediation therapy (CRT) in an inpatient eating disorder service: a qualitative study. *Eat and weight Disorders* doi: 10.1007/s40519-017-0369
- Leppanen J, Cardi V, Ng KW, Paloyelis Y, Stein D, **Tchanturia K**, Treasure J. (2017) The effects of intranasal oxytocin on smoothie intake, cortisol and attentional bias in anorexia nervosa. *Psychoneuroendocrinology* doi: 10.1016/j.psyneuen.2017.01.017.
- Leppanen J, Cardi V, Ng KW, Paloyelis Y, Stein D, **Tchanturia K**, Treasure J. (2017) Effects of Intranasal Oxytocin on the Interpretation and Expression of Emotions in Anorexia Nervosa. *Journal of Neuroendocrinology*, 29(3). doi: 10.1111/jne.12458
- Leppanen J, Cardi V, Paloyelis Y, Simmons A, **Tchanturia K**, Treasure J (2017) Blunted neural response to implicit negative facial affect in anorexia nervosa; *Biological Psychology*; 128:105-111. doi: 10.1016/j.biopsycho.2017.07.010.
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- Leppanen J, Cardi V, Paloyelis Y, Simmons A, **Tchanturia K**, Treasure J (2017) fMRI study of neural responses to implicit infant emotion in anorexia nervosa. *Front Psychol.* 17;8:780. doi: 10.3389/fpsyg.2017.00780.

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2016

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Marin Dapelo M, Hart S, Hale C, Morris R, **Tchanturia K** (2016) Expression of positive emotions differs in illness and recovery in Anorexia Nervosa; *Psychiatry Research.* 30;246:48-51 doi:10.1016/j.psychres.

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BOOKS:

Supporting Autistic People with Eating Disorders – Jessica Kingsley Publishers

Edited by Kate Tchanturia

https://www.amazon.co.uk/Supporting-Autistic-People-Eating-Disorders/dp/1787754456/ref=tmm_pap_swatch_0?encoding=UTF8&qid=1602492593&sr=8-4

Brief Group Psychotherapy for Eating Disorders: Inpatient protocols - Routledge Mental Health

<http://www.routledgementalhealth.com/books/details/9781138848917/>. Edited by Kate Tchanturia, 06/2015; , ISBN: 978-1-13-884891-7

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Cognitive Remediation Therapy (CRT) for Eating and Weight Disorders. Edited by Kate Tchanturia, 2015; Routledge., ISBN: 978-1-138-79402-3

http://www.amazon.co.uk/Cognitive-Remediation-Therapy-Eating-Disorders/dp/1138794031/ref=sr_1_1?s=books&ie=UTF8&qid=1408040458&sr=1-1&keywords=Tchanturia

Clinical manual cognitive remediation for anorexia nervosa

<http://www.national.slam.nhs.uk/wp-content/uploads/2014/03/Cognitive-remediation-therapy-for-Anorexia-Nervosa-Kate-Tchantura.pdf>

BOOK CHAPTERS:

Carr A, Tchanturia K, Dufour E, Cowan M, Himmerich H (2020) Evidence-Based Novel Psychological Therapies for People with Anorexia Nervosa (chapter 13) *Weight Management* ed. H. Himmerich p. 207 -224; ISBN 978-1-83962-542-8

Lopez C, Davies H, Tchanturia K. (2012) **Neuropsychological Models and eating Disorders** (Chapter 13) *Eating and its Disorders* ed John Fox and Ken Goss; Wiley-Blackwell Oxford p.185-199; ISBN 978-0-470-68353-8

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Southgate L, Tchanturia K, Treasure J. (2009) **Neuropsychological studies in Eating Disorders: A review in Progress in Eating Disorders.** Ed. Swain Pamela I. *Nova Science Publishers* **ISBN-13:** 978-1607410157

Manuals for clinicians: www.katetchanturia.com- publications;

Websites:

<https://www.peacepathway.org>
<https://www.katetchanturia.com>
<https://www.kcl.ac.uk/people/professor-kate-tchanturia>
<https://kclpure.kcl.ac.uk/portal/en/persons/kate-tchanturia>
https://en.wikipedia.org/wiki/Kate_Tchanturia
https://www.researchgate.net/profile/Kate_Tchanturia2
<https://orcid.org/0000-0001-8988-3265>

You tube:

<https://www.youtube.com/watch?v=FGKfLsU5V8c>

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https://www.youtube.com/watch?v=LhxiG_Ze1Ic

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Georgian:

<https://www.youtube.com/watch?v=xFTv4E91Alw>

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GRANTS

2019	£224,900	The Maudsley Charity Pathway for Eating disorders and Autism developed from Clinical Experience (PEACE)
2018	£760,000	MRC/MFR BiomaRkers for Anorexia Nervosa and autism spectrum Disorders (BRAINED): a longitudinal study
2018	£300,000	Fellowship the Wellcome Trust to Dr. Jenni Leppanen
2018	£107,254	The Health Foundation: Developing Innovative clinical pathway for women with Autism spectrum features and Eating Disorders (DIAED)
2018	£157,549	Autistica : Towards a Successful Treatment of Anorexia Nervosa in Autistic Women (co-applicant PI W. Mandy)
2018	\$ 5000	Norman Munn Distinguished Visiting Scholar Award (Au)
2017	£4,000	Maudsley Biomedical Research Centre “Developing Clinical Pathways for males with ED”
2017	£250,000	MRC/MFR PI Triple A Study A search for biomarkers
2016	£94,000	Swiss Anorexia Foundation (58-16) PI fMRI study in adolescents The BEACON study: Brain imaging of Emotion And Cognition Of adolescents with anorexia Nervosa
2016	£2,000	State grant for scientific internship abroad for junior researchers to host PG student from Georgia for the placement
2015	£51,000	Swiss Anorexia Foundation “Group Psychotherapy for AN”
2015	\$402,864	A randomized controlled trial to examine the effectiveness of oxytocin to improve treatment for anorexia nervosa. PI J Russell Australia NHMRC Project Grant (associate investigator)
2014	£15,000	Maudsley Charity Health in mind “Development of an enhanced manualised emotion skills group intervention for Anorexia Nervosa”
2014	£1000	Psychiatry Research Trust “Imitation of facial expressions in individuals with Anorexia Nervosa”
2013	£10,600 £16,000	<i>PGR-PTG tutorial</i> ; College Teaching Fund (CTF) co-appl. BRC pilot grant scheme Investigation of working Memory in Anorexia Nervosa
2013	£90,000	PhD studentship from Chilean Government for Marcela Marin Dapelo
2012	£140,000	BRC and MRC PhD studentships for Katie Lang and Samantha Lloyd
2012	£64,000	Swiss Anorexia foundation (PI) “Cognitive and Emotional brain in anorexia”
2012	\$200,000	A randomised controlled trial to examine the effectiveness of oxytocin to improve treatment for anorexia nervosa; Butterfly Foundation AUS (PI) J. Russell
2011	£60,000	

2011	EUR 25, 000	BRC Proof of Concept (PI) “Cognitive and Emotional processing in eating disorders: a brain imaging study” BIAL foundation award (PI) : Re: "Psychophysiological, behavioural and experiential responses to evoked positive and negative emotion in people with eating disorders"
2011	£1000	Psychiatry Research Trust (PI):” Investigation of Emotional Intelligence in People with Anorexia Nervosa”
2011	£27,348.72	Project Grant: A Clinical Placement Scheme (co applicant PI Jenny Yiend)
2011	£1000	Teaching Excellence award – best teacher of the year King’s College (Student nomination)
2010	£40, 000	NIH-Cognitive Remediation Therapy Improve Subject Retention and Treatment Response in CBT for Anorexia Nervosa? (co – applicant, PI Jim Lock & Stuart Agras) Psychiatry Research Trust grant: A Preliminary Randomised Controlled Trial of the Efficacy and Acceptability of a New Cognitive-Interpersonal Treatment of Anorexia Nervosa versus Non-Specific Supportive Clinical Management.
2009	£2 m co applicant	Schmidt U, Startup H, Tchanturia K. and Treasure J.

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2007	£10 000	Programme Grant for Applied Research (Reference number RP-PG-0606-1043) co-applicants: Treasure, K. Tchanturia, H. Startup, S. Ringwood, S. Landau, M. Grover, I. Eisler, I. Campbell, J. Beecham, M. Allen, G. Wolff. NHS innovation Award (PI)
2007	£20 000	Psychiatry Research Trust (PI Prof. U. Schmidt) co applicant "A Preliminary Randomised Controlled Trial of the Efficacy and Acceptability of a New Cognitive-Interpersonal Treatment of Anorexia Nervosa versus Non-Specific Supportive Clinical Management
2007 - 9	£32 000	Royal Society Travel Grant
2005	EUR 50, 000	BIAL Foundation Award
2002	EUR 50, 000	BIAL Foundation Award
2000-2003	£1.5m Collaborative Multicenter involving 8 European Countries	The European Commission 5 th Framework (http://www.cordis.lu/life/home.html) Grant No QLK1-1999-916. PI Prof Janet Treasure and Prof David Collier. Responsibility for neuropsychological work package
1998 - 1999	£10 000	Royal Society Fellowship
1999 - 2000	£70 000	The Wellcome Trust International Fellowship - Grant No – 059049

**CONFERENCE INVITED PRESENTATIONS
(PLENARY/WORKSHOP/SYMPOSIUM ONLY LAST SEVEN YEARS)**

DATE	TITLE	PLACE	TYPE
15/10/2020	Eating disorders and Autism spectrum disorders: complex presentations	Barcelona EDRS	Invited symposium
23/03/2020	Therapy Outcomes in ED	Madrid	Invited talk
6-7/ 12/2019	Neuropsychology for ED: translational approaches state of art	Sao Paolo	Invited talk and two workshops
8-9/11/2019	Link between eating disorders and ASD	Glasgow/Edinburgh RCP/SEDIC	Invited lecture Invited workshop
17-19/10/2019	The 27 th International Conference	Alpbach, Tyrol, Austria	Invited keynote and workshop
12-14/09/2019	16th meeting of the European Council on Eating Disorders (ECED)	Paris, France	Invited workshop

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30/06-2/07 2019	The European Society for Child and Adolescent Psychiatry	Vienna, Austria	Invited symposium
2019/3	ICED International Clinical ED meeting	NYC, USA	Plenary talk (invited)
2019/03	AED clinical workshop	NYC, USA	Invited ½ day workshop
2018/08	SUMMER SCHOOL	AALBORG DENMARK	INVITED KEYNOTE AND WORKSHOP
2018/03	GERMAN NATIONAL CONFERENCE ON EATING DISORDER	MUNICH	KEYNOTE SPEAKER TREATMENT OF SEVERE ANOREXIA
2017/10	NEUROPSYCHOLOGY OF EATING DISORDERS	GHENT BELGIUM BELGIAN PSYCHIATRY ASSOCIATION	KEY NOTE SPEAKER
2017/06	Using new understandings of brain and behavior to develop more effective treatments for eating disorders	PRAGUE ACADEMY OF EATING DISORDERS	INVITED WORKSHOP/TEACHING DAY
2017/05	TREATMENT UPDATES FOR EATING DISORDERS	PALERMO MAUDSLEY FORUM	INVITED SPEAKER
2017/04	COGNITIVE REMEDIATION FOR ED WORKSHOP	LONDON KINGS COLLEGE	ORGANISER AND MAIN SPEAKER
2017/02	TRANSLATIONAL RESEARCH IN EATING DISORDERS	AARCHUS, DENMARK DENISH EATING DISORDER SOCIETY	INVITED KEY NOTE SPEAKER
2016/11	ASD SYMPTOMS IN THE CONTEXT OF EATING DISORDERS	LONDON ROYAL COLLEGE OF PSYCHIATRISTS	INVITED TALK
2016/05	EMOTION SKILLS WORKSHOP	SAN FRANCISCO ICED	WORKSHOP
2016/05	AUTISM AND ANOREXIA	SAN FRANCISCO AED MEETING	DISCUSSION PANEL PRESENTATION
2015/19/09	EXPRESSION OF EMOTIONS IN ED	TAORMINA, Italy	EDRS/ORAL PRESENTATION
2015/25/08	SKILLS WORKSHOP & INVITED LECTURE	Aalborg , DENMARK	SUMMER SCHOOL
2015/26/06	EURIPEAN CHILD ADOLESCENT PSCHIATRY CONFERENCE	MADRID	INVITED TALK
2015/22/07	SKILLS WORKSHOP & INVITED SYMPOSIUM BABCP	WARWICK, UK	INVITED WORKSHOP/SYMPOSIUMS

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2015/03/07	EUROPEAN CRT NETWORK MEETING	Bordeaux, FRANCE	INVITED LECTURE
2015/5/06	COGNITIVE REMEDIATION IN PSYCHIATRY	NYC, COLUMBIA UNIVERSITY	INVITED SYMPOSIUM
2014/11-12/12	COGNITIVE REMEDIATION WORKSHOP	LONDON KCL	ANNUAL INTERNATIONAL TRAINING
2014/21/11	CARERS NATIONAL CONFERENCE	LONDON MAUDSLEY HOSPITAL	PLENARY TALK
2014/19/09	The neuroscience of eating disorders: update and practical applications Title: How can understanding the neuroscience of eating disorders guide treatment strategies?	ROYAL COLLEGE OF PSYCHIATRISTS Child and Adolescent Psychiatry annual conference CARDIFF	PLENARY SYMPOSIUM INVITED TALK
2014/09/10	NEW TREATMENTS IN EATING DISORDERS	SANDIEGO USA	EATING DISORDER RESEARCH SOCIETY MEETING
2014/27/06	RESEARCH AND TREATMENT UPDATE IN EATING DISORDERS	BARCELONA, SPANISH NEUROPSYCHOLOGICAL SOCIETY	INVITED PLENARY
2014/08/06	FROM LABORATORY EXPERIMENTS TO TREATMENT APPLICATIONS IN ANOREXIA	FLORENCE INSTITUTE OF COGNITIVE BEHAVIORAL THERAPY	INVITED LECTURE/WORKSHOP
2014/19-20/05	NEUROPSYCHOLOGICAL ASSESSMENT AND TREATMENT APPLICATIONS IN EATING DISORDERS	CHIBA UNIVERSITY JAPAN	INVITED LECTURE AND WORKSHOP
2014/30/04	FAMILY BASED RCT WITH CRT	STANFORD DEPARTMENT OF PSYCHIATRY	INVITED LECTURE/CLINICAL SUPERVISION/TEAM MEETINGS
2014/26/03	COGNITIVE REMEDIATION	NYC; ACADEMY OF EATING DISORDERS CLINICAL TRAINING DAY	INVITED WORKSHOP
2014/14/03	RECOVERY MODEL FOR CHRONIC AN PATIENTS	LONDON INSTITUTE OF EDUCATION	INVITED WORKSHOP EATING DISORDER INTERNATIONAL CONFERENCE

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2013/13/12	COGNITIVE REMEDIATION INTERNATIONAL WORKSHOP	KCL/IOP UK	ORGANISER AND PRESENTER
2013/01/10	NEUROPSYCHOLOGY OF EATING DISORDERS	INSTITUTE OF CHILD HEALTH/UCL/GREAT ORMOND STREET	INVITED PRESENTATION GUEST SEAKER
2013/13/06	CLINICAL PSYCHOLOGY PAST, PRESENT AND FUTURE	TBILISI STATE UNIVERSITY (GEORGIA)	INVITED PLENARY AND WORKSHOP
2013/05/05	AUTISM AND EATING DISORDERS	LONDON –AUTISM TODAY	INVITED PLENARY
2013/05/05	EXPERIMENTAL STUDY OF POSITIVE EMOTIONS IN ED	MONTREAL	PLENARY
2013/02/02	COGNITIVE FEATURES IN ANOREXIA	ZURICH UNIVERSITY INTERNATIONAL ED CONFERENCE (SWS)	PLENARY
2013/03/20	1)GROUP INTERVENTIONS FOR INPATIENT PROGRAMMES 2)RECOVERY APPROACH IN THE CONTEXT OF ED	LONDON INTERNATIONAL CONFERENCE IN ED (UK)	INVITED WORKSHOPS
2013/12/04	COGNITIVE REMEDIATION IN THE CONTEXT OF ED	FRENCH NETWORK MEETING NIMES (FR)	INVITED PLENARY
2012/26/10	COGNITIVE REMEDIATION DEVELOPMENT AND CLINICAL APPLICATION	ADVANCED TRAINING COURSE ORGANIZED BY THE ITALIAN SOCIETY OF PSYCHOPATHOLOGY PADUA (IT)	INVITED DAY WORKSHOP
2012/23/10	COGNITIVE STYLES CURRENT KNOWLADGE AND CLINICAL RELEVANCE	BASEL (SW)	INVITED PLENARY&WORKSHOP
2012/28/09	COGNITIVE REMEDIATION	Ljubljana (Slovenia)	INVITED WORKSHOP
2012/09	COGNITIVE REMEDIATION	South American Psychotherapy Network Meeting Buenos Aires (Argentina)	INVITED WORKSHOP
2012/16/07	COGNITIVE REMEDIATION	PARIS (FRANCE)	INVITED WORKSHOP

2012/2/05	NEUROPSYCHOLOGY OF EATING DISORDERS	GRANADA (SP) SPANISH NEUROPSYCHOLOGICAL SOCIETY	INVITED PLENARY
2012/29/01	Oxford Health Eating Disorder Training Day for CAMHS Staff	OXFORD	INVITED SPEAKER
2011/01/09	EATING DISORDERS STATE OF ART	MAUDSLEY FORUM IN CHINA HONG KONG	INVITED SPEAKER
2011/06	COGNITIVE REMEDIATION PRESENT AND FUTURE IN ED	COGNITIVE REMEDIATION IN PSYCHIATRY NYC	INVITED SPEAKER

INTERNATIONAL RESEARCH EXPERIENCE AND OTHER INDICATORS OF INTERNATIONAL STANDING (ONLY FOR LAST FIVE YEARS MORE DETAILS AND PAST DECADE WORKSHOPS AVAILABLE ON REQUEST)

I am an invited consultant on several NIMH grants in the USA to advise on neuropsychological assessments and novel treatments in ED; I was also asked to act as a consultant for Australian, French and Japanese University grants on similar topics. In the above table, only selected high profile international meetings were included with invited oral presentations and workshops.

- 2019-European Eating Disorder Council, Paris, invited symposium 14 September
- 2019- ESCAP 18 Vienna; invited symposium 30 June -2 July ED Treatment for young age group
- 2019-AED Preconference workshop CREST; Keynote Treatment panel March 14-16 NYC, USA
- 2018- EDRS- CRT current evidence base symposium 26 October Sydney, Australia
- 2018 -Obesity executive functions and brain training programmes -Bordaux, France 2-3 September
- 2018-Emotion regulation skills and psychoeducation programme for groups with ED. 29 August, Aalborg Denmark
- 2018-Autism and Anorexia in Women – Tbilisi Georgia June 30
- 2016-Eating Disorders How to set up clinical services – Tbilisi Georgia 21 October
- 2015-Skills workshop and 2 invited symposiums BABCP Warwick (July)
- 2015- Neuropsychology of Eating Disorders and application to treatment – Denmark August
- 2015 – Evidence for Cognitive Remediation in Eating Disorders (4 July)-Bordeaux
- 2015- Neuropsychological characteristics in eating disorders: young age group: -Madrid (July)
- 2015- Cognitive Remediation in Psychiatry (5 June) invited speaker-NYC
- 2014-Invited Lecture and workshop in the University of Chiba Japan (April)
- 2014- Invited Talk Carers National Conference (November – London)
- 2014 – Invited workshops in Europe on regional conferences (May-Paris; June-Florence)
- 2014- Eating Disorder Research Society San Diego –Invited speaker (September)
- 2014 - Royal College of Psychiatrists meeting Cardiff –symposium speaker (September)
- 2014- Neuropsychological Society meeting Barcelona Keynote speaker (June)
- 2014 –Academy of Eating Disorders- invited clinical workshop presenter
- 2014-Biological Psychiatry –invited symposium speaker
- 2013- Autism today London conference Key note presenter (April)
- 2013-Autism Society meeting – invited keynote speaker (December)

DATE	NAME	PLACE
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2020 May	How to work with patients online	Online course
2020 May	Motivational Interviewing	Dr. Stephen Rollnick
2020 June	Working with Autism Spectrum Disorders	Dr. Temple Grandin
2020 28 January	Advances course for supervisors	London BPS
2019 Monthly	INNOVATING FOR IMPROVEMENT COACHING	London
2019 4 June	MASTERCLASS IN PUBLIC SPEAKING FOR WOMEN	London
2019 20 March	HOW TO AVOID STAFF BURNOUT	London UCL Dr. E. Nagoski
2019 13 February	Organisational complexity and staff experience: How to intervene wisely	Coin Street, London
2018 16 October	History of Emotions	BPS, UCL
2018 10 August	Inclusive Leadership Workshop	South London/ Maudsley NHS Trust
2018 24 January	Personal Impact	National Theatre
2017 12 July	Quality Network for Eating Disorders QED forum	Royal College of Psychiatrists London
2015 11 March	PhD supervisors Training	King's College London
2015 6 March	How to involve Patients and Public in research	BRC UCL
2013 9 September	How to write successful grant applications	Institute of Psychiatry
2013 21 May	Promotion process workshop	Institute of Psychiatry
2012 26 November	Leadership workshop	South London and Maudsley NHS Trust
2012 23 November	Empathy and Compassion in Society Conference	London UCL
2012 15 December	Empathy and Compassion in Society conference	London
2010 (10-11 March)	Recruitment, Selection, Short listing, Interviewing	South London and Maudsley NHS Trust
2009 (2 February- 2 October)	Management Development Day (EDU senior staff)	Michael Wilkins Sheena Bailey Principal Consultants, SlaM Partners

2008	Appraising staff KSF	South London and Maudsley NHS Trust
2007	Emotional Intelligence Conference	London Plenary and workshops by Myer and Salovey

2013-CRT European network in Paris meeting keynote

2013-London international conference London (two invited workshops Step up programme, Group interventions for ED)

2013-BABCP London Invited symposium organiser and presenter –New developments in treatment for ED.

2013-Verona Italian ED network meeting –Invited key note speaker; workshop presenter.

2012- Academy of Eating Disorders (May-Austin: Workshop on translation from research to clinic; SIG neuropsychology, Chair Personality and cognition); Oxfordshire NHS CAMS conference; Argentina Workshop/Lecture;

2011- Academy of Eating Disorders (April-MIAMI: chairing SIG neuroscience meetings, workshop on therapeutic boundaries, chairing papers session cognition and emotion); Vienna –Masters class in ED; NYC-Cognitive Remediation in psychiatry (invited symposium-June); Hon-Kong Asian Maudsley forum (September – invited lecture and workshop); Padova Cognitive training for eating disorders (Invited day workshop); Basel –neuroscience update for OCD and ED Invited lecture and workshop 27-28 October.

2009 – 2010 There were several individual invitations to do teaching in Norway (Oslo); Santiago (Chile); Torino, Modena (Italy), Sandiego, Stanford, NYC (USA), Heidelberg (Germany); Paris (France); Oakland (New Zealand), Krakow (Poland).

TEACHING, SUPERVISION AND MANAGEMENT EXPERIENCE

I have more than thirty five years of **teaching experience** in higher education (including clinical psychology training, supervision on undergraduate and postgraduate level (BSc, MSc, DClin and PhD students).

I am lead on Women’s Mental Health as a unit leader (up to 45 students per year). **I received three very highly prestigious awards for teaching excellence King’s College award of the year in 2009, supervisory excellence award for postgraduate teaching 2014, Best postgraduate research experience 2019 (student nominations).**

I have been involved with Doctoral Clinical Psychology Course training as clinical and academic supervisor for large number of trainee clinical psychologists.

I have trained 30 **PhD students** who successfully finished their thesis and 6 in different stages of thesis related work.

I am associate editor for European Eating Disorder Review and an **invited reviewer** in the field of eating disorders for the Journal of Behaviour Research and Therapy, the Journal of Adolescence, Biological Psychiatry, the European Eating Disorders Review, Journal of Psychosomatic Research, the Journal of The International Psychological Society, Cognitive and Behavioral Neurology, Psychological Medicine, Journal of Psychiatric Research, American Journal of Psychiatry.

My management skills include organizing tutorials for junior colleagues, organizing workshops in Georgia (2002, 2004, 2005 more than 500 people participated in this workshops aiming to update Georgian colleagues with Maudsley experience).

Since 2003 I have been involved in the organizing committee of **The Maudsley Forum**: Course for European Psychiatrists Institute of Psychiatry (<http://www.iop.kcl.ac.uk/MaudsleyForum>). This is one of the largest International events organized by the IoPPN which has provided a very challenging experience and new skills in administration and collaboration. I am board member of Scientific committee London international conference in Eating Disorders.

I provide regular International workshops at the King's College IoPPN for cognitive remediation for anorexia nervosa and emotion regulation. There are around 50 international delegates expected at the workshop annually (more than 1 500 clinicians took this course).

I am regularly organizing CPD events for ED Multidisciplinary team including CBT, DBT, MET, CRT, and other clinically relevant skill based courses inviting national and international experts.

CLINICAL WORK

I have more than thirty years of experience in clinical psychology, working with diverse patient groups (a general adult ward in Georgia, an outpatient unit as a consultant clinical psychologist in the Institute of Psychiatry Tbilisi, PTSD after the civil war and Adolescent and families in NGO). In the last two decades (23 years) my clinical work and research has focused on Eating disorders.

My clinical activities involve developing treatment modules for anorexia nervosa. I run a clinical supervision group for clinical psychologists in the eating disorder clinic in South London and Maudsley (SLAM) NHS Trust, supervise clinical psychology trainees, and provide supervision for senior dietician in SLAM, senior nurses and honorary therapists. I am conducting groups with current service users (in the inpatient, day-care, step up settings); doing clinical assessments and individual sessions in a specialist service for eating disorders in SLAM. Most importantly I have developed with my team a structured group programme for short admissions in the inpatient unit as well as two short intervention manuals for individual work for treatment resistant, chronic patients (one addressing cognition, one social cognition and emotional skills). Recovery oriented work jointly with the team, ex service users and current patients is one of the core clinical work I am involved in the present, evaluation and tailored group programme development, research based treatment innovative programme implementations is one of the main areas of my clinical work as well.

I am supporting and managing 7 clinical psychologists, 2 family therapists, 4 counseling psychologists and 4 psychology assistants in the clinical service. We have several clinical trainees and placement students who I supervise jointly with my team and step in when necessary.

At the present I am Consultant (lead) psychologist in the Eating Disorder National Service in SLAM. My key role involves strategic planning of the service, audit, supervising clinical and clinical research staff and some senior members of the multidisciplinary team. In terms of service development I am actively promoting evidence generating research and pioneering some psychological models for treatment resistant cases (e.g CRT and emotional coaching for anorexia inpatient programme, well tailored and evaluated group interventions, recovery approach); I am also organizing and supervising audit projects and doing lots of work to make our national service a center of clinical excellence. To achieve clinical excellence I invest my time in good quality audits (e.g not only the data on clinical and self report measures are documented since I took leadership on audit we improved information accuracy on patient satisfaction measures and very good quality of data is available on the group work in the clinic). Second area of my clinical time use is implementation of the good clinical practice and innovations for example I have organized work in daycare and step up programmes using Recovery star approach which fits very well with whole movement in NHS towards recovery, I have facilitated and developed new forms of individual and group interventions (e.g Cognitive remediation training, emotion skills module for severe patients with AN and groups focusing on self esteem and perfectionism); Third area of my clinical time priorities is Training and professional needs support of the Multidisciplinary clinical team (e.g contributions to inhouse training days such as recovery day, step up programme, carrers skills workshops). Last but not least dissemination of our clinical work in the form of supervision (for example Ivan Eisler /Mima Simic team which is Child adolescent CAMH); in addition I am participating in network meetings doing talks for UK NHS trusts (for example OXFORDSHIRE BUCKINGAMSHIRE CAMHS).

Winner of Psychology service user involvement award 2012.

CLINICAL SKILLS TRAINING RELEVANT TO EATING DISORDERS

DATE	TITLE	PLACE	FACILITATOR
8-9/04/2019	AUTISM DIAGNOSTIC OBSERVATION SCHEDULE	LONDON MAUDSLEY	EMMA WOODHOUSE
01/03/2019	EARLY INTERVENTION FOR EATING DISORDERS	LONDON MAUDSLEY	PROF ULRIKE SCHMIDT
12/02/2019	CULTURE, ETHNICITY AND ED	LONDON,MAUDSLEY	PROFS EIA ASEN, IVAN EISLER, ELIZABETH DODGE, MIMA SIMIC
04-05/05/2018	AUTISM ASSESSMENT AND TREATMENT	OXFORD	PROF TONY ATWOOD
14/02/2018	UCL Conference on Eating Disorders	LONDON UCL	ORGANISED BY DR.SERPELL
15/11/2016	POSITIVE PSYCHOTHERAPY	BRITISH PSYCHOLOGICAL SOCIETY LONDON	PROF NEIL FRUDE
04/11/2016	COMORBIDITIES IN EATING DISORDERS	ROYAL COLLEGE OF PSYCHOLOGISTS	ONE DAY CONFERENCE
21/09/2016	Independent Route to BPS Qualifications	UNIVERSITY OF WESTMINSTER	DR KATHRYN WADDINGTON
26/07/2016	SELF COMPASSION	CONWEY HALL, ACTION FOR HAPPINESS. LONDON	DR. KRISTINE NEFF USA
14/09/2015	TREE OF LIFE CONFERENCE SLAM	ORTUS LEARNING CENTRE	SLAM PSYCHOLOGY/PSYCHOTHERAPY GROUP

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2015/10/06	SUPERVISION OF SUPERVISION	IOPPN/SLAM ONE DAY WORKSHOP	KCL
2015/27/04	ASD IN FEMALES, ADOS	ULC	DR.W. MANDY
2015/17/04	CLINICAL CASE STUDIES DESIGN	LONDON KCL	BABCP
2015/25/03	TREE OF LIFE	RECOVERY COLLEGE SLAM	
2014/3-4/07	RADICALLY OPEN-DIALECTICAL BEHAVIOR THERAPY (RO-DBT) FOR DISORDERS OF OVERCONTROL	LONDON MAUDSLEY HOSPITAL	PROF LYNCH AND ERICA LYNCH-SMITH
2014/05/03	SUPERVISORS WORKSHOP IN ACT THERAPY MODEL	CLINICAL PSYCHOLOGY COURSE IOP	DR.ERIC MORRIS
2013/11/09 2013/05/12	THEATRE WORKS-EXPRESS EMOTIONS	NATIONAL THEATRE	NT EDUCATION TEAM
2013/21/06	PSYCHOLOGICAL ASSESSMENT AND INTERVENTIONS FOR ADULTS WITH ASD	LONDON UCL	DRS VAUGHAN BELL, NEIL HAMMOND
2013/23/05	ASSESSMENT AND INTERVENTIONS FOR ADULTS WITH ASD	LONDON ULC	DR D. ROBERTSON, D.SPAIN, E.CHAPLIN
2013/26/04	SUPERVISORS WORKSHOP	SOUTH LONDON AND MAUDSLEY NHS TRUST	COMPULSORY TRAINING
2013/06/02	MASTERCLASS IN ANGER MANAGEMENT	OXORD	PROFESSOR RAYMOND NAVACO (USA)
2013/28/01	EMOTION FOCUSED FAMILY THERAPY FOR EATING DISORDERS ACROSS THE LIFESPAN	LONDON KCL	DRS JOANNE DOLHANTY AND ADELE ROBINSON (CAN)

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2012/28/11	AN INTRODUCTION TO INTERPERSONAL THERAPY	OXFORD INSTITUTE OF CLINICAL PSYCHOLOGY TRAINING	DR. SELENA ELCOMBE
2012/25-26/10	2 DAY TRAINING COURSE IN EATING DISORDER FOCUSED FAMILY THERAPY	SOUTH LONDON AND MAUDSLEY NHS TRUST	PROF IVAN EISLER (UK)
2012/21/09	CLINICAL PERFECTIONISM	IOP/KCL INVITED WORKSHOP	PROF ROZ SHAFRAN (UK)
2012/30/04	BEHAVIORAL EXPERIMENTS FOR PERFECTIONISM	MICHAEL RUTTER CENTER MAUDSLEY HOSPITAL	DR ANTHEA FURSLAND (AUS)
2012/29/02	IMPLEMENTING THE MENTAL CAPACITY ACT - PRACTICE ISSUES FOR PSYCHOLOGISTS	GUY'S AND ST THOMASES HOSPITAL YOURK CLINIC	THERESA JOYCE (UK)
2012/20-21/01	RECOVERY TRAINING	SOUTH LONDON AND MAUDSLEY NHS TRUST	MARK DALGARNO AND SERVICE USERS FROM SLAM (UK)
2011/09/11	MEDIA TRAINING	KING'S COLLEGE LONDON STRAND	BBC JOURNALISTS AND Anna Mitchell DipCIPRMCIPR Press Officer (Arts and Sciences)
2011/10	SLAM CORPORATE INDUCTION WITH ALL COMPULSORY TRAININGS FOR NHS STAFF	BETHLEM ROYAL HOSPITAL	MULTIPLE SPEAKERS

PUBLIC ENAHGEMENT

National Geographic Georgia:

https://www.youtube.com/watch?v=0xyJE_Sm5a0&t=1552s

STATEMENT OF FUTURE OBJECTIVES

Professor Kate Tchanturia, PhD, FBPS, FAED, FHEA

I am actively pursuing a career, which will encompass academic and clinical psychology, with a particular interest in eating disorders, depression, autism spectrum disorders and women's mental health. My research activities, which are centered primarily in the UK, include the cognitive psychology and neuropsychology of eating disorders and the application of these findings to intervention and treatment models. I have trained more than thirty PhD students, large number of Clinical Psychology doctoral students, provided clinical placement as a lead supervisor for clinical doctoral trainees and MSc students in Clinical Psychology and Mental Health Studies programmes. I am keen to continue my supervisory and mentorship roles for women in science. I am passionate about translational research and clinical service innovations to improve healthcare for patients in the UK and Georgia, where I have most opportunities to make positive changes.

PERSONAL INTERESTS

My mother tongue is Georgian but I am also fluent in Russian and English.

I served as a board member of the British Georgian Society (2003-2008) <http://www.britishgeorgiansociety.com/> and together with the Georgian Embassy I contributed to a number of projects designed to introduce Georgian culture to the UK. For example, the Charity "First Step" aims to help learning disability management and training in Georgia, I have organised an exhibition of mentally handicapped Georgian artists for fundraising to help art therapy development in Georgian psychiatric institutions. <http://georgians.co.uk/imagesfromtheedge.htm>.

I am visiting professor in Clinical Psychology in Tbilisi University (in Georgia country of origin) helping local psychology department with clinical psychology training programme, obtaining CBT European association membership and license to practice in European countries and reforms in education. I am actively involved in organizing clinical services for patients with eating disorders in Georgia and supporting training in the region. I am frequent invited speaker in national and international conferences in the field of eating disorders and neuroscience.