

## ქეთევან ჭანტურია

### Curriculum Vitae

**თანამდებობა:** ლონდონის ქინგს კოლეჯის პროფესორი კლინიკურ ფსიქოლოგიაში, მოცლის კლინიკის მთავარი ფსიქოლოგი კვების დარღვევების განყოფილებაში. მოწვეული პროფესორი კლინიკურ ფსიქოლოგიაში ილიას სახელმწიფო უნივერსიტეტში და სამედიცინო ინსტიტუტში- თბილისი.

#### განათლება:

1977 -პირველი საშულო სკოლა

1982 -თბილისის სახელმწიფო უნივერსიტეტი ფილოსოფია ფსიქოლოგიის ფაკულტეტი

1990 - თბილისის სახელმწიფო უნივერსიტეტი ასპირანტურა -ზოგადი და ექსპერიმენტული ფსიქოლოგიის დარგში

2003- ბრიტანეთის ფსიქოლოგიური საზოგადოება- კლინიკური ფსიქოლოგია

#### პოსტსადოქტორო სტიპენდიები:

1986- მოსკოვის ლომონოსოვის სახელობის უნივერსიტეტის კლინიკური ფსიქოლოგიის კათედრა (რუსეთი)

1988- ლენინგრადის ბეხტერევის სახელობის ნევროლოგიის ინსტიტუტი (რუსეთი)

1993- ჰაიდელბერგის უნივერსიტეტის ფსიქიატრიის კათედრა (გერმანია)

1997- სამეფო საზოგადოების დაფინანსება ფსიქიატრიის ინსტიტუტი ლონდონი (დიდი ბრიტანეთი)

1999- ჰენრი ველჟომის საზოგადოების დაფინანსება მოცლის სახელობის კლინიკა ლონდონი (დიდი ბრიტანეთი)

2007- სტენფორდის უნივერსიტეტის რექტორის სტიპენდია (აშშ)

2009- ბეკას ჩილე სანტიაგო (ჩილი)

2014 - ანგლო იაპონური საზოგადოების დაფინანსება ჩიბას უნივერსიტეტის ფსიქიატრიის განყოფილება (იაპონია)

2019 - ნორმან მანის სახელობის სტიპენდია საუკეთესო სამეცნიერო თანამშრომლობის პროექტისათვის ადელაიდის უნივერსიტეტში (ავსტრალია)

#### სამუშაო გამოცდილება:

2018 - დღემდე ქინგს კოლეჯის (King's College London) სრული პროფესორი კლინიკურ ფსიქოლოგიაში (ლონდონი)

2004 - დღემდე მოცლის კვების აშლილობების განყოფილების წამყვანი ფსიქოლოგი (ლონდონი)

2012- ილიას სახელობის უნივერსიტეტის მოწვეული სრული პროფესორი კლინიკურ ფსიქოლოგიაში

2000-2004-ასოცირებული პროფესორი ქინგს კოლეჯი ლონდონი

1997-2000- კლინიკური მკვლევარი/კლინიკური ფსიქოლოგი ფსიქიატრიის ინსტიტუტი ლონდონი

1990-1997-ასათიანის სახელობის ფსიქიატრიის ინსტიტუტი, თბილისი, საქართველო

1991-1997- თბილისის სახელმწიფო უნივერსიტეტის ზოგადი ფსიქოლოგიის კათედრის დოცენტი

1987-1990-ქალაქის ფსიქიატრიული საავადმყოფოს კლინიკური ფსიქოლოგი/თბილისის სახელმწიფო უნივერსიტეტის ზოგადი ფსიქოლოგიის კათედრის ლექტორი

### **სამეცნიერო გრანტები:**

ჯამში ყველა მოპოვებული გრანტი ჩემი ხელმძღვანელობით დაახლოებით 6 მილიონ გირვანქა სტერლინგს შეადგენს. კოლაბორაციული საერთაშორისო გრანტების ჩაუთვლელად. (მხოლოდ ბოლო 10 წლის განმავლობაში მიღებული გრანტები, ცხადია სრული სია მოთხოვნის შემთხვევაში წარმოდგენილი იქნება)

2019-მოცლის საქველმოქმედო ფონდი (224 000 გირვანქა სტერლინგი)- კლინიკური პროექტი აუტიზმისა და კვების აშლილობის კვლევისთვის

2018 - სამედიცინო კვლევის ცენტრის გრანტი (760 000 გირვანქა სტერლინგი) - მაგნეტური რეზონანსის მეთოდით ტვინის სტრუქტურული კვლევა და კოგნიტური პროცესების ნერვული კორელანტები ახალგაზრდა ავადმყოფებში (ანორექია)

2017 - ჯანმრთელობის ფონდი (108 000 გირვანქა სტერლინგი) აუტიზმის დიაგნოსტიკა ქალებში.

2016- შვეიცარიის ანორექსიის კვლევის ფონდი (100 000 ევრო) ჯგუფური თერაპიის პროცესის და ოპტიმალური გამოყენების შესახებ

2015-ბიალის ფონდი (პორტუგალია 50 000 ევრო)- გადაწყვეტილების მიღების მექანიზმის შესწავლა.

2014-ბეკას ჩილე - მიმიკის კვლევა ფსიქიკური აშლილობების დროს (100 000 დოლარი)

2013- ბრიტანეთის ნაციონალური ჯანმრთელობის დაცვის ფონდი: ოქსიტოზინის კვლევა (90 000 გირვანქა სტერლინგი)

2012- ბიომედიკური კვლევის ფონდი კოგნიტური და ემოციური პროცესების კვლევა (90 000 გირვანქა სტერლინგი)

2011- კოგნიტური რემედიაციის კვლევა კვების აშლილობებში- (100 000 დოლარი) სტენფორდის უნივერსიტეტის გრანტი.

2010 - ფსიქიატრიაში კვლევის ფონდი (50 000 გირვანქა სტერლინგი) პერფექციონიზმის ექსპერიმენტული კვლევა და კლინიკაში გამოყენება

**მონაწილეობა საერთაშორისო სიმპოზიუმებსა და კონფერენციებში:**

საერთაშორისო კონფერენციებზე მრავალრიცხოვანი მოხსენებებისა და სიმპოზიუმების და ვორქშოების დეტალური ჩამონათვალი საჭიროების შემთხვევაში წარმოდგენილი იქნება. მხოლოდ ბოლო რამოდენიმე წლის მოხსენებათა შერჩეული სია:

2022-ლონდონი ფსიქიატრთა სამეფო საზოგადოების კონფერენციაზე პლენარული მოხსენება

2022 -ვენა ავსტრიის ბავშვთა ფსიქიატრიის ასოციაციის კონგრესზე პლენარული მოხსენება

2020 - მადრიდი ევროპული ფსიქიატრიის კონგრესი -მოწვეული სიმპოზიუმი კვების აშლილობებზე

2020- ბარსელონა კვების აშლილობების კვლევის საზოგადოება მოხსენება- კომპლექსური პაციენტები

2020 - ლონდონი აუტიზმის საერთაშორისო კონფერენცია მოხსენება

2019- სან პაოლო მოწვეული ლექცია და სემინარი

2019-ვენა ევროპული მოზარდთა და ბავშვთა ფსიქიატრიის კონგრესი მოხსენება

2018- ნიუ ორკი კვების აშლილობათა აკადემიის შეკრება ვორქშოფი

2018-კოპენჰაგენი დანიის ფსიქოთერაპევტთა საზაფხულო სკოლა მოწვეული მომხსენებელი

2017-გენტი ბელგიის ფსიქოლოგთა ასოციაციის კონგრესი მოწვეული მომხსენებელი

2016 -ედინბურგი ფსიქიატრიის სამეფო კოლეჯის შეკრება მოწვეული მომხსენებელი

2015 -სან ფრანცისკო ინტერნაციონალური შეკრება კვების დარღვევებში მოწვეული მომხსენებელი

2014-პალერმო მოცლის საერთაშორისო ტრენინგი

2013- ბორდო კოგნიტური რემედიაციის ევროპული კავშირის შეკრება მოწვეული ლექცია

2012-ციურიხი შვეიცარია გერმანიის ფსიქოლოგთა შეკრება მიწვეული მოხსენება და ვორქშოფი

2011- ოქსფორდი კლინიკური ფსიქოლოგიის კონფერენცია მიწვეული მოხსენება

2010-რომი ფსიქიატრთა მსოფლიო ასოციაციის შეკრება- მიწვეული სიმპოზიუმი

### საერთაშორისო აკადემიების წევრობა:

2003 - ბრიტანული ფსიქოლოგიური საზოგადოების ნამდვილი წევრი (კონკურსით არჩევნები)

2014 -ბრიტანეთის უმაღლესი განათლების აკადემიის ნამდვილი წევრი (კონკურსით არჩევნები)

2014-კვების აშლილობის მსოფლიო აკადემიის ნამდვილი წევრი (კონკურსით არჩევნები)

2020 -ევროპის აკადემიის ნამდვილი წევრი (Academia Europaea) (კონკურსით არჩევნები)[https://www.ae-info.org/ae/Member/Tchanturia\\_Kate](https://www.ae-info.org/ae/Member/Tchanturia_Kate)

### სამეცნიერო ჟურნალების და სარედაქტორო საბჭოს წევრობა:

ევროპული კვების აშლილობების ჟურნალის თანარედაქტორი

### ენები:

ქართული საუბარი: სრულყოფილი; კითხვა: გამართული; წერა: გამართული

ინგლისური საუბარი:სრულყოფილი; კითხვა:გამართული; წერა: გამართული

რუსული საუბარი: სრულყოფილი; კითხვა: გამართული; წერა: გამართული

### მონოგრაფიები და სახელმძღვანელოებში შეტანილი წვლილი:

- **Brief Group Psychotherapy for Eating Disorders: Inpatient protocols** - Routledge Mental Health <http://www.routledgementalhealth.com/books/details/9781138848917/>. Edited by Kate Tchanturia, 06/2015; , ISBN: 978-1-13-884891-7  
<http://www.routledgementalhealth.com/books/details/9781138848917/>
- **Cognitive Remediation Therapy (CRT) for Eating and Weight Disorders.** Edited by Kate Tchanturia, 2015; Routledge., ISBN: 978-1-138-79402-3  
[http://www.amazon.co.uk/Cognitive-Remediation-Therapy-Eating-Disorders/dp/1138794031/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1408040458&sr=1-1&keywords=Tchanturia](http://www.amazon.co.uk/Cognitive-Remediation-Therapy-Eating-Disorders/dp/1138794031/ref=sr_1_1?s=books&ie=UTF8&qid=1408040458&sr=1-1&keywords=Tchanturia)
- **Clinical manual cognitive remediation for anorexia nervosa**  
<http://www.national.slam.nhs.uk/wp-content/uploads/2014/03/Cognitive-remediation-therapy-for-Anorexia-Nervosa-Kate-Tchanturia.pdf>

- **Tchanturia K, Lock J.** Cognitive Remediation Therapy (CRT) for Eating Disorders—(2011) Development, Refinement and Future Directions in *Curr Top Behav Neurosci.* 2011;6:269-87. PMID: 21243481
- **Kemps, E., Lopez, C., & Tchanturia, K.** (2010). **Weak central coherence in anorexia nervosa.** In S. Sassaroli and G.M. Ruggiero (Eds.), /Cognitive Therapy of Eating Disorders on Control and Worry/. New York: Nova Science Publishers. ISBN: 978-1-60876-617-8
- **Southgate L, Tchanturia K, Treasure J,** (2009) **Neuropsychology in Eating Disorders in The Neuropsychology of Mental Illness** Chapter 21(Cambridge University Press) Ed. Stephen Wood, Nick Allen and Christos Pantelis (p.316-325). ISBN-978-0-521-86289-9
- **Tchanturia K, Hambrook D.** (2010) **Cognitive Remediation therapy for Anorexia Nervosa** (Chapter 7) In *The Treatment of Eating Disorders; Clinical Handbook;* C. Grilo and J. Mitchell. (Guilford Press) p.130-150. ISBN-978-1-60623-446-4
- **Southgate L, Tchanturia K, Treasure J.** (2009) **Neuropsychological studies in Eating Disorders: A review in Progress in Eating Disorders.** Ed. Swain Pamela I. *Nova Science Publishers* ISBN-13: 978-1607410157
- **Lopez C, Davies H, Tchanturia K.** (2012) **Neuropsychological Models and eating Disorders** (Chapter 13) *Eating and its Disorders* ed John Fox and Ken Goss; Wiley-Blackwell Oxford p.185-199; ISBN 978-0-470-68353-8
- Raman J, Hay P, **Tchanturia K,** Smith E (2018) A randomised controlled trial of manualized cognitive remediation therapy in adult obesity. *Appetite.* doi: 10.1016/j.appet.2017.12.023

2019- წელს გამოქვეყნებული ანგარიშის მიხედვით მსოფლიოს 10 000 მკვლევარის გამოქვეყნებულ ნაშრომების მიხედვით მე-5 ადგილზეა იხილეთ ბმული: (03/2019) (<https://expertscape.com/ex/anorexia+nervosa>).

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